



SOUTH CURLY NIPPERS INFORMATION BOOKLET

2020/2021 SEASON



SOUTH CURL CURL SLSC	
INTRODUCTIONS	KEY EVENTS
WEEKLY TRAINING + CARNIVAL ENTRIES	SLSC MEMBER'S PORTAL
CARNIVAL GENERAL INFO	CHAT
SOUTH CURLY ON-LINE STORE	IMPORTANT INFO
NEWSLETTERS	PRIMARY SPONSORS
SWELL TIDES WEATHER	SCCSLSC WEBSITE

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WELCOME TO SOUTH CURL CURL NIPPERS

This handbook sets out information about the Nippers program at South Curly. It is useful to both new parents that are considering signing their kids up and renewing nippers.

After over 100 years in active service, South Curl Curl Surf Lifesaving Club continues to build on its strengths – on the sand, in the water, and socially! Our Nippers have maintained strong numbers over the past few years and we have over 400 blue, yellow & white caps running around our glorious beach each Sunday.

Like all surf clubs South Curly is very family oriented and the focus is primarily to ensure that our Nipper program is fun, safe and educational; not only for the children but also for the Mums and Dads who join us on Sunday mornings at our beach. Our aim is to safely teach kids beach craft, and a life-long passion for the ocean. We are a very inclusive club and pride ourselves on making Nippers accessible to all and providing opportunities for all Nippers regardless of their abilities. We encourage kids to “have a go” at Nippers sessions, training and carnivals (if we have enough officials, any eligible child can enter carnivals), and we have an Additional Needs (Rippers) group that has been running successfully for a number of years.

Socially we are very active—look out for our infamous BBQ’s on the deck, Twilight Sippers, Racecourse camping trip, and other occasions to get together and have a chat.

SUNDAY ACTIVITIES

NOTE THAT COVID-19 WILL NECESSITATE CHANGES TO HOW OUR NIPPERS SESSIONS ARE RUN. AT THIS STAGE SESSION TIMES WILL REMAIN UNCHANGED FROM PREVIOUS YEARS.

A JUNIOR ACTIVITIES COVID PLAN WILL BE MAINTAINED TO ALIGN WITH CURRENT GOVERNMENT COVID ADVICE AND PUBLIC HEALTH REQUIREMENTS - WE'LL KEEP PARENTS AND GUARDIANS INFORMED OF REQUIREMENTS AND ANY CHANGES.

To give the little ones a chance to use the beach & pool without being "crashed" by the big kids, we have different starting times for the younger age groups as follows:

8.30am – 9.30am Under 6, 7 and 8

10am – 11am Under 9 – Under 13 and Rippers (Additional Needs Nippers)

Due to COVID-19 the SRC Squad training will take place separately on Saturdays, times to be advised.

The younger age groups can take longer than the allocated hour depending on numbers and helpers available. Nippers assemble behind their age marker on the beach for roll call and must be wearing their age-colour nipper cap and have **sunscreen applied** before Nippers starts. At the end of the nippers session, each child **must** be marked off the roll prior to leaving with parent. Nipper caps are to be removed once Nippers has finished.

PLEASE NOTE: WE NORMALLY REQUIRE A PARENT OR GUARDIAN TO BE ON THE BEACH AT ALL TIMES DURING NIPPERS (NIPPERS IS NOT A CHILD-MINDING PROGRAM), COVID RESTRICTIONS MAY NECESSITATE CHANGES TO OUR REGULAR PRACTICES AND PROCEDURES.

SOUTH CURLY WELCOMES PARENT PARTICIPATION – WE ENCOURAGE PARENTS TO BECOME AGE MANAGERS OR BRONZE-PROFICIENT WATER SAFETY TO BE INVOLVED “ON THE BEACH”.

NIPPER SEASON START

The 2020/2021 season commences on **SUNDAY 18th OCTOBER 2020.**

UNIFORM & GEAR SALES

For safety reasons **ALL children MUST wear a cap during all Sunday Nippers activities.**

Different cap colours are assigned for each age group, as shown below. If your child is continuing from last year, they will be able to reuse their cap. The caps are also reversible allowing them to be used as a South Curly cap for competition or assessment. **ALL participants in aquatic activities must also wear a high visibility vest.** Children are also encouraged to wear club costumes and club swimsuits. Club caps are to be removed once Nippers has finished.

Age Group Cap Colours 2020-21

U6	Aqua
U7	Royal Blue
U8	Yellow
U9	White
U10	Red
U11	Navy
U12	Lime Green
U13	Mauve
U14	South Curly Cap
Rippers	South Curly Cap

It's very helpful to your Age Managers and helpers if the kids have their name written on their cap (big letters) and it helps with lost property also.

Club Gear is on sale online via TeamApp. To meet Covid-19 social distancing requirements, we will be implementing scheduled clothing 'pick-up' times. Apart from all the Nippers gear, we have a great range of kids and adult swimwear, towels, t-shirts, caps etc. They all make great gifts too!

AGE GROUP CALCULATION

The age group for your child is calculated from the age they are on or prior to 30 Sept. For example, if your child is 11 on the 30th September they will be in the Under 12 age group for the season.

THE AGE YR CHILD IS @ 30 SEPT	NIPPERS AGE CATEGORY
5	Under 6
6	Under 7
7	Under 8
8	Under 9
9	Under 10
10	Under 11
11	Under 12
12	Under 13
13	Under 14

Whilst we understand that the kids like to participate with their mates, Surf Life Saving states that each child should participate and compete in their correct age category. Regardless of a child's skill level or

ability, they may not be covered by insurance if they do not compete in their correct age group. This also affects your child's ability to receive certifications of achievement and attainment during the season as the Surfguard System will only recognise them in their correct age group category and the club will not issue awards to those not in the correct age category. So, we ask that you please encourage your children to make new friends in their correct age group.

PARENTS RUN NIPPERS!

The Club operates entirely on volunteer help. There are many jobs, and for many you don't need surf lifesaving experience. It is our experience that ***the more you get involved, the more your child will enjoy Nippers.***

Roles that parents can help with include:

- Age Managers
- Water Safety (Bronze Medallion required)
- Clothing Sales
- BBQ Roster – potentially later in the season
- Fundraising
- Carnival Entry Assistance
- Carnival Judge/Official
- Sippers – set up, serving, clean up

Your assistance throughout the season will be regularly required and counted on. Please offer your help so that our wonderful Age Managers come back next season!

BRONZE MEDALLION ANYONE!

At the beginning and during the season training is arranged people interested in obtaining their Bronze Medallion. The Bronze Medallion course can be one of the most rewarding courses you can attempt – often a great personal achievement. Once qualified it helps us meet our water safety requirements as SLSA mandates that nippers water safety must be performed by proficient Bronze Medallion holders. Having achieved your Bronze Medallion, you can also join the South Curly beach Patrols; another great way to participate in the Club, meet new friends and give back our community.

SPEAKING OF AGE MANAGERS!

If you would like to help run Sunday morning events, please let us know—we always need keen people. **Note that only Age Managers and Bronze-proficient Water Safety will be able to help run nippers this season – so we need more people to do so.** If you have previous experience and/or Bronze Medallion this is an advantage but not essential.

CHILD PROTECTION

Any parent assisting on the beach should be registered as an associate member to cover insurance issues. Age Managers and Water Safety (where outside your own child's age group) also need to apply and show proof of approval for the "Working With Children Check" (WWC) for child protection. Please complete the registration process at:

<http://www.kidsguardian.nsw.gov.au/working-with-children/working-with-children-check>

and once you received your approval email (from 1 week, but up to 4 weeks), please email your approval WWC number and details to: mail@southcurlcurlslsc.org

SOUTH CURLY ALL ABILITY RIPPER NIPPERS PROGRAM

Run in conjunction with the Cerebral Palsy Alliance at Allambie Heights, South Curly is very proud to offer a modified nipper program for children & youth with additional needs. The program has been developed to allow inclusion for all children & youth aged 5 to 15 and aims to teach the following skills:

- surf awareness and
- beach safety

The sessions will also include fun activities such as:

- beach races,
- flags,
- wade and swim races.

As members of this group become more confident in the water, they learn skills to be able to use nipper surfboards and catch a wave or two to shore.

The Rippers group are supported by volunteers from South Curl Curl Surf Lifesaving Club, however family members are actively encouraged to participate with their child so everyone has the opportunity to share in the excitement as each member masters new skills throughout the season.

South Curl Curl encourage members of 'Rippers' to join in their age mainstream group if they wish and are welcome to participate in both groups. Our main focus is to make sure members are actively learning whilst having fun!

Email Kirsten Quinn - rippers@southcurlynippers.com if you have any requirements for this program or would like to help out.

EQUIPMENT USE

Due to COVID protocols, we need to sanitise equipment after nippers sessions. The use of nipper boards after nippers will therefore not be possible this season.

SUN PROTECTION

Please make sure your child has their sunscreen applied before they join their age group. Please note: Age Managers are neither responsible nor allowed (child protection laws) to apply sunscreen to the children, this is your job.

POST NIPPER BBQ'S

To help fundraise, we normally hold regular Breakfast BBQ/Sausage Sizzles after Nippers on a Sunday morning on the promenade. We are currently determining how we might run these this season as the promenade is likely too busy for social distancing purposes. When the BBQs are run, please support the club and buy some brekkie when you can.

SURF EDUCATION

The SurfEd program is what Nippers is all about and is based on a clearly defined structure and outcomes to aid the children's lifesaving development. During the season, all Nippers can gain their respective SurfEd award for their age group. These certificates are only issued to children participating in their correct age group who have met the minimum requirements regarding attendance and participation.



ADDITIONAL TRAINING

South Curl Curl offers additional training for interested members in the following areas:

Board Training (U9 - U14)	Wednesday 5-6pm (commence Nov/Dec. See TeamApp Chat for updates)
Sprint & Flag (U8 – U14)	Thursday 5-6pm (see TeamApp Chat Room for updates)
SRC & Bronze	Tuesday Evening and Saturday afternoon (see TeamApp Chat Room for updates)

Note: Training needs helpers to be successful, so please come along and lend a hand if you can.

Coach contacts:

Jordi Skelton (Beach):	sprint@southcurlynippers.com
Matt Fitzgerald and Alex Braaksma (Water):	u13@southcurlynippers.com
Mike LeGeyt (SRC):	src@southcurlynippers.com

PROFICIENCY

Before the children can participate in any water activity they must complete the Preliminary Skills Evaluation and prior to any competition Nippers must complete the next phase of this evaluation i.e. Competition Skills Evaluation.

	Preliminary Skills Evaluation	Competition Skills Evaluation	Surf Education
Under 6	From a standing position in waist deep water perform a front glide and recover to a secure position. Perform a back or front float holding a buoyant aid and recover to a secure position.	Nil (no competition)	Surf Play One
Under 7	From a standing position in waist deep water perform a front glide, kick for 3m and recover to a secure position. Perform a back or front float for a few seconds and recover to a secure position.	Nil (no competition)	Surf Play Two
Under 8	25 metre swim (any stroke) 1 minute survival float	Nil (no water competition, except for wade which takes place in waist deep water)	Surf Aware One
Under 9	25 metre swim (any stroke) 1 minute survival float	Minimum 150m open water swim (competition course as per competition manual)	Surf Aware Two
Under 10	25 metre swim (freestyle) 1.5 minute survival float	Minimum 150m open water swim (competition course as per competition manual)	Surf Safe One
Under 11	50 metre swim (freestyle) 2 minute survival float	Minimum 288m open water swim (competition course as per competition manual)	Surf Safe Two
Under 12	100 metre swim (freestyle) 2 minute survival float	Minimum 288m open water swim (competition course as per competition manual)	Surf Smart One
Under 13	150 metre swim (freestyle) 3 minute survival float	Minimum 288m open water swim (competition course as per competition manual)	Surf Smart Two
Under 14	200 metre swim (freestyle, in less than 5 minutes) 3 minute survival float	Minimum 288m open water swim (competition course as per competition manual)	SRC *
Assessor	Age Managers TBC	Age Manager Level 1 Coach, or Level 1 Official Training Officer (SRC/Bronze) Assessor (SRC/Bronze) (* Assessment of SRC can only be completed by an approved Assessor)	

More details on the surf education modules can be found on the club website.

CARNIVALS

Carnivals are a great way for kids to test the skills they have developed at nippers. We encourage all kids to go along and have a go. It's about building up confidence and enjoying the events. Sydney Northern Beaches Branch conducts Carnivals during the season for age groups U8 upwards for Beach, and U9 upwards for Water.

The SLSSNB Board of Surf Sports are working on developing options for our 2020-2021 surf sports events in order to be responsive to any Public Health orders resulting from the Covid-19 pandemic. These plans will be communicated as soon as they are developed to the appropriate level of detail

The team events like Beach Relay, Board Relay, Cameron Relay, and Board Rescue are a great way for the kids to get involved as a group. We don't have selection criteria for carnival team events but your attendance at regular nippers and team training may be considered if we have a limited number of teams.

The only restriction to entering nippers in carnivals is that we provide 5 officials. Roughly this equates to 1.25 official per 10 nippers we enter. **In 2020/21 we URGENTLY need more carnival officials** for our nippers to continue to be benefiting from these organised events. The carnival official course has no pre-requisites and is open to anyone. Furthermore, you can pick the area in which you wish to officiate on the day and you have the best beach-side view of what's going on.

With regards to other information on carnival events and entries, please see our **Nipper Surf Sports Manual**. To ensure that this is a smooth process for all involved we all have roles and responsibilities so please read the manual to check what you (as a parent of a competitor) are required to do.

CARNIVAL DATES, NIPPERS AND SIPPERS

Not all carnivals will be run during the Sunday nipper times (again this year there are some on Saturdays), but regardless of whether a carnival is on, nippers will still be held on Sunday with the exception of the branch carnival weekend, and a special Friday twilight sippers after board camp in January. ALL notifications for nipper events can be found in the "Key Events" in TeamApp so there is NO confusion. Please make sure you are aware of these Carnival days by noting the Key Events button in the South Curl Curl Surf Life Saving TeamApp.

REGISTRATION

IMPORTANT SEASON 2020/2021 SEASON INFORMATION:

THERE WILL BE NO ONSITE CLUB REGISTRATION DAY....REGISTRATIONS ARE BEING TAKEN ONLINE AND ARE ONLY AVAILABLE TO THOSE LIVING IN THE NORTHERN BEACHES BRANCH AREA. TO RENEW ONLINE PLEASE VISIT MEMBERS.SLS.COM.AU TO LOGIN, CREATE AN ONLINE ACCOUNT OR JOIN THE CLUB. NEW MEMBERS WILL NEED TO EMAIL ID. FOR EACH MEMBER TO mail@southcurlcurlslsc.org

SLSA requires all nippers to be current financial members, non-financial members will therefore not be able to participate until their membership is renewed and paid online. This season both new and renewing MEMBERSHIPS MUST BE COMPLETED ONLINE - Membership renewal and payment.

An administration fee of \$10 per membership will be charged to those not using this method. Visit the

new SLSA MEMBERS PORTAL – <https://portal.sls.com.au/wps/portal/member/>

You need to create an online account for each club member (this is because the account moves with the member throughout their surf lifesaving membership). To make life easier you can use the same log in and password for each member and you are able to make a family payment in one go rather than separate payments for each member.

Once this is set up, next season the renewal process is as simple as clicking on RENEW!



Please note that ALL NEW CLUB MEMBERS will be required to send proof of age (ie. birth certificate, drivers licence, passport) to the club mail@southcurlcurlslsc.org.

NOTE THAT MEMBERSHIPS ARE NOT REFUNDABLE IN THE INSTANCE OF COVID-19 CAUSING NIPPERS TO BE CANCELLED OR THE BEACH CLOSED.

2020/21 FEES ARE:

- \$70 ACTIVE PATROLLING ADULT
- \$30 ACTIVE PATROLLING CADET (POST SRC - U18)
- \$100 NIPPER (U6 TO U14)
- \$250 FAMILY CAP
- \$50 ASSOCIATE/SOCIAL MEMBER (**THIS MEMBERSHIP FEE IS MANDATORY FOR AT LEAST ONE PARENT. TO HELP ON THE BEACH YOU MUST BE AT LEAST AN ASSOCIATE MEMBER FOR INSURANCE PURPOSES** and sign the club's working with children declaration)

Family is assumed to be up to 2 adults and their children who are Under 18 or full-time students.

Gym Memberships are only available to patrolling members and subject to availability.

Note: Anyone undertaking the SRC with the U14s training group must pay nipper fees regardless of age.

NIPPERS CALENDAR OF EVENTS 2020/2021 – FOR THE FRIDGE*

SEPTEMBER, 2020

Saturday 26 Weekend patrols start for all Northern Beaches surf clubs

OCTOBER, 2020

Sunday 18 Normal Nippers – First day of Nipper season! Welcome/Welcome back!

Tuesday 20 SRC training Start Date 7-9pm at SCC club house.

Sunday 25 Normal Nippers.

NOVEMBER, 2020

Sunday 1 Normal Nippers

Sunday 8 Normal Nippers.

Sunday 15 Normal Nippers

Sunday 22 Normal Nippers.

Friday 27 – Sunday 29 Cadet Development Weekend – Treachery Camp, Seal Rocks. **TBC**

Sunday 29 Normal Nippers

DECEMBER, 2020

Sunday 6 Normal Nippers.

Sunday 13 Normal Nippers.

Sunday 20 Xmas/Fun Nippers - Bring yer Santa hat!

Club Sippers from 5pm

Sunday 27 Xmas Break – NO Nippers

JANUARY, 2021

Sunday 3 Xmas/New Year Break—NO Nippers

Sunday 10 Xmas/New Year Break—NO Nippers.

Wed 13 – Fri 15 SCC SLSC HOLIDAY BOARD TRAINING CAMP U9 –U14. Friday Night Sippers.

Sunday 17 Normal Nippers.

Sunday 24 Normal Nippers

FEBRUARY, 2021

Sunday 7 Normal Nippers

Sunday 14 Normal Nippers

Sunday 21 Normal Nippers

Sunday 28 Normal Nippers

MARCH, 2021

Sunday 7 Normal Nippers

Sunday 14 Normal Nippers

Sunday 21 FINAL NIPPERS & PRESENTATION. CLUB SIPPERS from 6pm

April, 2021

Wed 7 – Fri 9 CATERED DAYS FOR RACECOURSE END OF YEAR CLUB CAMP {Most people arriving Tues 6 April until Saturday 10 April – non-catered}.

* Information valid as at 10th September 2020 - subject to change.

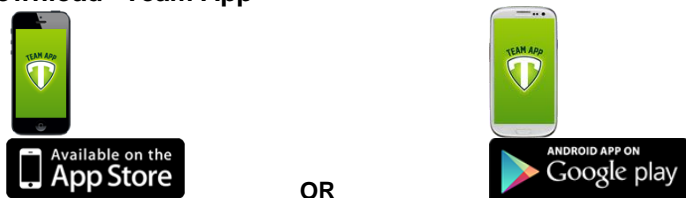
NIPPERS COMMITTEE MEMBERS 2020 - 2021

Position	Name	Email
President	Matt Fitzgerald	president@southcurlynippers.com
Vice President	Alex Braaksma	vicepresident@southcurlynippers.com
Secretary and Registrar	TBD	secretary@southcurlynippers.com
Information Officer	Alex Braaksma	ict@southcurlynippers.com
Risk Assessment Officer	Guy Waddilove	risk@southcurlynippers.com
Clothing	TBD	clothing@southcurlynippers.com
Competition Registrar	TBD	competition@southcurlynippers.com
Competition Mgr Beach	Jordi Skelton	sprint@southcurlynippers.com
Competition Mgr Water	TBD	U13@southcurlynippers.com
BBQ Co-ord	TBD	BBQ@southcurlynippers.com
U6 Age Managers	Ben Humel & Danielle van Dijk	u6@southcurlynippers.com
U7 Age Managers	Chris Coroneos; Dale Nugent; Damon Ashton; Lauren Gleeson; David Allan	U7@southcurlynippers.com
U8 Age Managers	Tracy Watts; Jordi Skelton	U8@southcurlynippers.com
U9 Age Managers	Adele Saunders; Claire Cagney; David Elliott	U9@southcurlynippers.com
U10 Age Managers	Steve Rudd; Frank Tol; Roland Van Amstel	U10@southcurlynippers.com
U11 Age Managers	Steve Thomas; Matt Cagney	u11@southcurlynippers.com
U12 Age Managers	James Hawley; Pete Nelson	u12@southcurlynippers.com
U13 Age Managers	Alex Braaksma; Matt Fitzgerald; Glenn Everingham; Nick Careless; Paul Monnington	u13@southcurlynippers.com
U14 – The SRC squad Age Managers/Trainers	Bernard Blanchfield; Saul Carroll; Graham Smith, Guy Waddilove	u14@southcurlynippers.com ; src@southcurlynippers.com
Rippers: Additional Needs Nipper Group	Kirsten Quinn	rippers@southcurlynippers.com
Cadets (U15-U17) Water Safety		cadets@southcurlynippers.com
All Age Managers	Email to all age managers at South Curl Nippers	agemanagers@southcurlynippers.com

SOUTH CURL CURL SLSC APP: INTRODUCTION AND QUICK START GUIDE

To communicate on the run and to stay up to date with what’s happening we recommend you download our SCCSLSC App to your smart phone, or tablet.

Step 1. Download “Team App”



Download “Team App” to your smartphone from the Apple App Store or Google Play. Create an email-based login and associated password (and remember this for future).

Step 2. Search for “South Curl Curl SLSC or SCCSLSC”



Register for South Curl Curl Surf Life Saving Club.

Note: to access App through computer and web address – ie. no smartphone/tablet, please use the following: <https://scclsclsc.teamapp.com/>

Step 3. Select ALL appropriate Access Groups to join

Access Group options: U6s, U7s, U8s, U9s, U10s, U11s, U12s, U13s, and U14s – THE SRC SQUAD.








(For example, for two child family – one in U8s, the other in U11s, then you would register for both U8s and U11s).

For accredited Bronze certification, please also indicate “Bronze” and “Water Safety” groups (requires validation to join).

For accredited Age Managers, please also indicate “Age Manager” group (requires validation to join).

For accredited Officials, please also indicate “Officials” group (requires validation to join).

Step 4. Enjoy the App – but here are some quick pointers.

<p>“INTRODUCTIONS”: “Welcome” and “Key Contacts” information for Club.</p>	
<p>“KEY EVENTS”: highlights major Nipper, Club, Carnival, and Social events on our calendar. Save to your smartphone calendar. Events send Notifications (if you enable it “ON” in “Settings”) to remind you.</p>	
<p>“CHAT”: Various Chat Rooms for Age Managers to talk to you directly for weekly Nipper updates, or for Social event support. Latest Training/Assessment courses. Great for parents to socialise and communicate with other parents!</p>	
<p>“NIPPERS INFO” important information for Nippers parent regarding Nippers including Carnival Information</p>	
<p>“Patrolling Members” Information for patrolling members including the patrol rosters</p>	
<p>“Training resources” Training related information to keep our skills up-to-date</p>	
<p>“Weekly Training”: Additional Board + Sprint/Flag training information</p>	
<p>“South Curly On-line Store”: on-line store to purchase caps, clothing and other club accessories</p>	