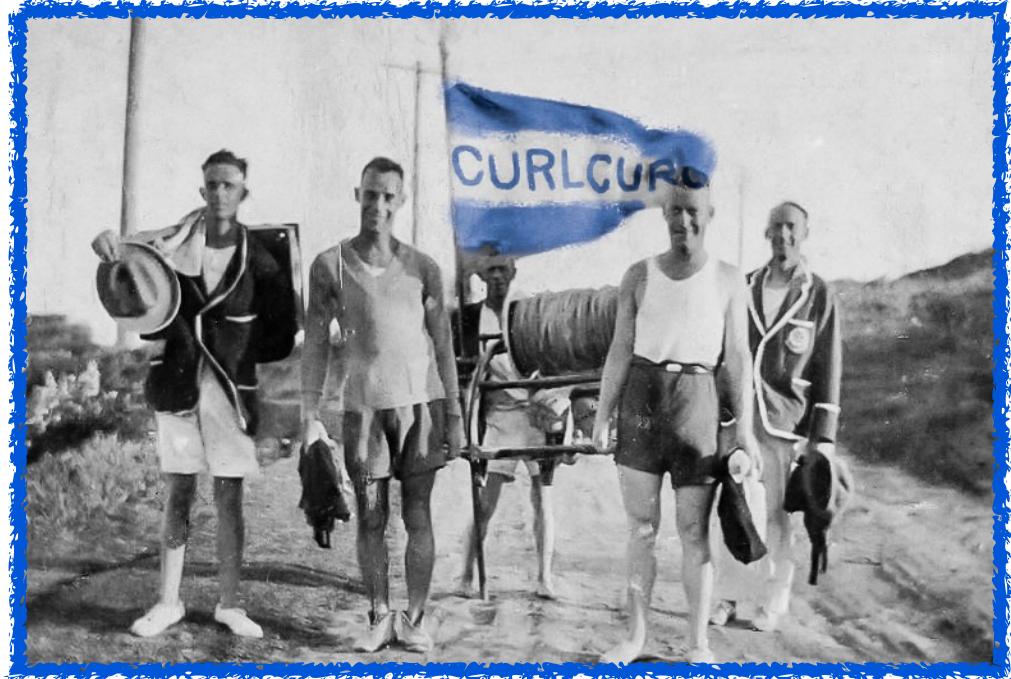


# PoohBear

SOUTH CURL  
CURL SLSC  
NEWSLETTER

July 2018



## A note from your Club

For many of you we are now out of season and into activities elsewhere. For the core of the Club we are now busy planning the new Season's activities and in particular the 100<sup>th</sup> Anniversary celebration events. Our last Club event was the Presentation Night at Harbord Bowling Club, and while it wasn't in our venue this time it was still well attended and entertaining with the band 'Triple Shot' playing a variety of numbers from different periods and genres.

Looking forward, our next event is the Club's AGM, at 10am on Sunday 5<sup>th</sup> August. Following that is the 100<sup>th</sup> Anniversary Ball on 1<sup>st</sup> September, the new boat christening on 2<sup>nd</sup> September, Nippers registration is likely to be the 16<sup>th</sup> September, and the South Curly 100<sup>th</sup> Anniversary Carnival will be on the 20<sup>th</sup> October.

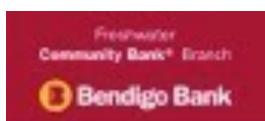
The carnival is going to require support from everyone, both in preparation beforehand and especially on the day itself. For anyone who has not been around long enough to run either a carnival or a "South Curly Sound Waves" event, these are a lot of work but also very rewarding. Please let us know if you are able to help, and also if you know of anyone interested in sponsoring the event. Steve Hall is heading up the Carnival committee, and can be emailed at [farcanalgroup@gmail.com](mailto:farcanalgroup@gmail.com).

Work is also progressing on the 100<sup>th</sup> anniversary book, and if anyone has a good idea for the 100<sup>th</sup> anniversary T-shirt it might still be possible to submit your design. The club's mail box is [mail@southcurlcurlslsc.org](mailto:mail@southcurlcurlslsc.org).

Graeme

## Inside this Issue

President's Update	1
100yr Anniversary Update	2
Club Housekeeping	3
Training Update	4
Community & Sponsors	7



Autonomous Energy



# 100 Year Anniversary Update

## SAVE THE DATE - SATURDAY 20 OCTOBER 2018 CURLY 100 CENTENARY SURF CARNIVAL

In honour of our centenary year South Curly will be hosting an open surf carnival on Saturday 20th October.

In addition to requiring lots of volunteers (and spectators) on the day, all club members are invited to join in the post-carnival celebrations upstairs at the surf club.

We're currently securing carnival sponsors so if you or anyone you know is interested in sponsoring anything from raffle prizes above \$100 value to minor or major sponsorship packages, please contact Jay Turner ([jayturner@westnet.com.au](mailto:jayturner@westnet.com.au)).

Stay posted for further details nearer to the event.

## *Celebrating 100 Years - Centenary Surf Carnival* *South Curl Curl Surf Life Saving Club* *Saturday 20<sup>th</sup> October, 2018*

Events to include: Curly 1000 Beach Sprint,  
Surf Boats, March Past, Chariot Race, Pillow  
Fight, FastFive plus other classics!  
Bring a Team. Live Music, Food & Medals!



Stay in touch via  or email us at [mail@southcurlcurlslsc.org](mailto:mail@southcurlcurlslsc.org)



### CENTENARY VIDEO COMPILATION

We have a team working hard to produce an exciting video of the club history. We'd love your input so we will be posting questions on the south curly surf club facebook page so keep your eyes out and let us know your thoughts.

# Club Housekeeping

## GYM USAGE

Just a reminder that our fantastic gym facilities are for our patrolling members only. We are seeing an increase in the amount of non club members using the gym and we are getting quotes for a swipe card security to stop this happening. Many clubs have removed their gym facilities because of the need for storage space and the plethora of gym facilities available in the community. The club maintains our facility as a thank you to our patrolling members and we ask that you respect that privilege. Please do not share the gym code.

## SEASON 2018/2019 REGISTRATIONS

Online registrations are accepted after 1<sup>st</sup> September. Club Registration Day will be Sunday 16<sup>th</sup> September in the hall. New members (both adults and kids) need to show ID on the day or memberships will not be processed.

## CLUB ANNUAL GENERAL MEETING

Sunday 5th August at 10am in the clubhouse

**Bodhi Spijker**

- winner of the 2017\_18 Honour Blazer



# Training Update

## Training Update

We have completed another successful year on the education and training front, with courses, proficiencies and other initiatives. We have a healthy patrol roster, with 271 patrolling members allocated to 26 patrols last season.

None of this would have been possible without the members that have helped with training, proficiency sessions and the behind the scenes work **over several years**, the support of the Club Committee, and our Club Administrators, Lisa Settree and Jenny Drury.

### Proficiencies (aka skills maintenance)

Thank you to our Assessors and Delegates that ran proficiency sessions this season, particularly Michael 'Chuck' Berry, Kevin Moffat, Steve Birch, Craig Blake, Jodi Le Geyt, Glenn Everingham, Sue Hanley and our Patrol Captains.

Over the past few seasons we have:

- promoted proficiency sessions as opportunities for members to refresh and improve their skills, as opposed to being viewed as just an annoying compliance requirement.
- encouraged our Patrol Captains to get more involved with proficiencies. We have made the training equipment and support readily accessible for patrols to refresh their skills and run scenarios.
- provided members with opportunities to complete proficiencies on patrol days, as well as running some of the traditional advertised proficiency sessions (now at the point where many of the traditional proficiency sessions are poorly attended, particularly at the start of the season).

Please keep your awards current by completing proficiencies. SLSA has implemented maximum time periods which run from your last proficiency date (you can see your awards and expiry dates when you log into the Members' Portal). Once you exceed these periods we can no longer process proficiencies, and you then need to effectively complete the assessment for the award again.

**Rip current demonstration** – to help our Nippers and parents understand how the water moves around at South Curly.



### Surf Rescue Certificates

This season 27 Nippers gained their SRC, many of whom started out in the U6s in 2009 with Hamish Shearer and Mike Le Geyt as Age Managers. This was one of the largest squads that we put through for a few years, and we could only have managed this with the training team of Jodi Le Geyt (Training Officer), Robert Morgan and Natalie Neary (Age Managers), parents, and some of our younger patrolling members – special mentions go to Jasmine Stein, Neve Morgan, Sam Le Geyt and Daana Stoker who ran some of the sessions each week.

# Training Update .....continued

## Bronze Medallion

We ran two Bronze Medallion squads this season, with our main challenge being unfriendly surf conditions.



Bronze Spring Squad



Bronze Summer Squad

In total 21 members attained their Bronze Medallion/Cert II this season:

- 11 cadets upgrading from SRC
- 1 (returning) Bronze holder that needed to complete the Cert II only
- 9 new patrolling members, including 7 Nipper parents.

Thank you to Chuck, Sue Hanley and Brett Straatemeier who trained the squads, and Chuck and Glenn Everingham for assisting with the mock assessments.

## Advanced Resuscitation

We are now running the Advanced Resuscitation courses in house again, which has several benefits:

- We train members on our club equipment, so they know how to use and maintain it.
- Members retain the required knowledge and gain more hands on experience.
- We can incorporate adequate scenario practice, which is what really matters when ARTs are on patrol.

Watch out for an Advanced Resuscitation Course starting in the near future.



This season we ran the Advanced Resuscitation course over 6 sessions (12 hours), with the final assessment held at South Curl Curl SLSC.

This has added 7 very capable Advanced Resuscitation holders to our patrol roster.

During the season we also hosted an Advanced Resuscitation upgrade pilot course for SLS NSW, the aim being to upgrade members to the latest Advanced Resuscitation awards before older awards are superseded and we lose the ability to upgrade members (which is what happened with the old ARC award). Nine of our members took the opportunity to participate and upgrade their awards.

# Training Update .....continued

## IRB Crew and Silver Medallion IRB Driver

Training continued throughout the season, with 14 candidates completing the IRB Crew Award and 9 completing the IRB Driver.

## Other

Many other courses were completed as well, including Radio Operators, First Aid, Spinal Management, Silver Medallion Aquatic Rescue, and Silver Medallion Beach Management.

Looking forward to the next patrol season.

Mike Le Geyt



Freshwater **Community Bank®** Branch



**Own your happy place**

**3.79% pa** | **4.06% pa**

Connect Home Loan Package | Standard Comparison Rate

**Buy your first home with Bendigo Bank**

**Bendigo Bank**

## Own your happy place

Buy your first home with Bendigo Bank.

**3.79%**  
pa\*

Connect Home Loan Package

**4.06%**  
pa\*

Standard Comparison Rate



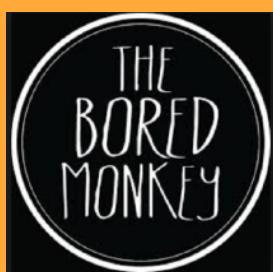
Zero establishment fees  
(save \$625\*)

Call in and see us at 20 Albert Street, Freshwater or phone 9939 6744 to find out more.

**The offer:** Terms, conditions, fees and charges apply. All information is correct as at 9 April 2018 and is subject to change. Full details available on application. Lending criteria apply. \*Interest rate current as at 9 April 2018. Rates and fees are subject to change. The comparison rate displayed is calculated for a Residential Variable Rate, Owner Occupied, Principal and Interest loan of \$150,000 over a 25 year term. **WARNING:** The comparison rate is true only for the example given and may not include all fees and charges. Different terms, fees and other loan amounts might result in a different comparison rate. Offer is only available to NSW/ACT first home buyers with new Owner Occupied, Principal and Interest Home Loans above \$150,000 with a loan to valuation ratio of up to 80%, and two additional or complementary products taken as part of the Connect Package. Complementary products cannot be from the same product type. Offer ends 30 June 2018. Credit provided by Bendigo and Adelaide Bank Limited ABN 11 068 049 178 Australian Credit Licence 237879.

**Fee waiver:** # To be eligible to save \$625 on home loan fees, application must be received by 30 June 2018. A new loan must be for Purchase and/or Construction for Owner Occupied property. (A275647-1175276) 04/18

[bendigobank.com.au/firsthome](http://bendigobank.com.au/firsthome)



There is new management at the Bored Monkey, Narrabeen and they are our mates! Our super Champion Lifesaver Coach Superstars Bill & Peter Yeates (and family) have dived in head first and to say thank you for our support they are offering all South Curly Members a 10% discount. So if you are in the neighbourhood, pop in for a great meal. Why not!  
[www.theboredmonkey.com.au](http://www.theboredmonkey.com.au) or find them on facebook

## Community

Kookaburra Kids is an organisation helping kids living in families affected by mental illness. They need more volunteers to help as camp leaders and activity day volunteers. [www.kookaburракids.org.au](http://www.kookaburракids.org.au) for more information. Applications are online via the website.



Kookaburra Kids needs volunteers for our FREE weekend respite camp program in NSW to help support kids living in families affected by mental illness.

**HELP MAKE A DIFFERENCE TODAY**

GAIN SKILLS  
& EXPERIENCE  
WORKING WITH  
YOUNG PEOPLE

PARTICIPATE IN  
CAMP  
ACTIVITIES

MAKE A  
POSITIVE IMPACT  
ON A YOUNG  
PERSON'S LIFE

To apply to become a Kookaburra Kids Volunteer  
visit [kookaburракids.org.au/how-you-can-help/volunteer/](http://kookaburракids.org.au/how-you-can-help/volunteer/)

OR call 1300 566 525

Minimum age to volunteer is 21

The Kookaburra Kids program provides recreational, educational camps and other activities, giving kids a break, in a fun, positive and safe environment. Kids have the opportunity to meet other kids in similar situations and develop new friendships.

Australian Kookaburra Kids Foundation is a not for profit organisation and registered charity. The program relies on dedicated volunteers to provide assistance with a range of supports such as camp leaders and activity day volunteers.

We are seeking enthusiastic volunteer camp leaders to attend Kookaburra Kids weekend camps in NSW. We have a great demand for volunteers, due to the high numbers of kids under 18 attending our camps.

We believe that partnering with Surf Life Saving NSW would be a great benefit for both of our organisations. Kookaburra Kids not only would be able to utilise the skills of your Surf Lifesavers as volunteers, but your fellow Surf Lifesavers would be able to support kids to be kids in an environment that they feel safe and secure.