



From the desk of.....

# POOH BEAR



[www.southcurlcurlslsc.org](http://www.southcurlcurlslsc.org)

March 2010

## A NOTE FROM THE COMMITTEE....

South Curlly was successful in obtaining all the required funding to upgrade our kitchen and bar facilities in the hall area. These works will be done over the winter months and will result in a much more user friendly area for our training and social needs. Whilst these changes are taking place we will also be upgrading the Patrol Captains room to make it a more functional space to better serve our patrols.

Saturday April 17 is our Ocean Swim, so please mark it in your calendar as we will require as much water safety as possible. Ocean swims have been

extremely popular this year, so we expect the numbers to be up.

Over the winter period the 'Harbord Frigid Frogs' will be using our southern deck whilst the swimming club building has some essential maintenance carried out. Please make the frogs feel welcome whilst we share this space on Sunday mornings.

Congratulations to everyone that competed, officiated, or was spectator at the recent Branch and State carnivals. Pats on the back all round!

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### Calling all club members

#### A busy day down at South Curlly on Sunday 7th March.....

- 9.00am** Normal Nippers U6 and U7
- 9.30am** Normal Nippers U8 upwards
- 10.30am** Club Photo — all members; nippers, cadets, seniors — all gather in front of the clubhouse & on the steps to the beach for the annual club photo
- 10.35am** Club Championships—Water Events
- 5.00pm** Club Championships—Beach Events
- 5.30pm** Sippers & 100's Club Draw

This is a general invitation to all current and past members of Tathra SLSC NSW, that we will be celebrating our centenary this year. We shall be having a celebration at our surf club on the Anzac weekend 23-25 April 2010. For further information please contact Warren Page on 64922000 or Judy Rettke on 0264941467 or visit our website

[www.tathrasurclub.com.au](http://www.tathrasurclub.com.au).



# State 2010 Updates

## NIPPERS STATE TITLES, SWANSEA BELMONT 2010

What a lovely way to end our time at Swansea for the Nippers State Titles! A great bunch of South Curly families all together supporting and encouraging our great kids enjoying a weekend together.

The level of comraderie we have at South Curly was already envied but really shined when our U14 girls showed it's all about your mates and not about the race when they stopped to help their team-mate in trouble. Other clubs were so impressed by their act of selflessness, it really brought home the fact that not every club is like ours! Then to top the event off our two Champion Lifesaver entrants Kiorie Bennett and Liam Yeates blew the judges away and

both won gold! Wow! GO SOUTH CURLY. We're off to Kingscliff next year and are all looking forward to another great State Titles adventure!

Thanks to everyone for making "State" such a great event for the club.

Lisa & Zulu, Kylie & Jordi

Thought we'd share one of the lovely emails we received.....

*Just wanted to say a big thank you to you and all the people who were involved in organising and managing such a great time at the States. It was the 1st time for our family and hopefully not the last as we had a great time. I hope the kids realise and remember in years to come what an effort their parents and others went to*

*and how lucky they are to be involved with such nice people and such a family orientated club. Some great results for a few kids in the medals and gutsy efforts from all the others - thanks again to all the age managers who gave their time and efforts all season.*

*The organising meetings held at the surf club each arvo were a blast as well - world peace should be easy to organise if Zulu gets a hold of it !!!!!!!*

Regards Steve Schreiber



## Junior State Championships - Swansea Belmont - 19th, 20th & 21st February

This was a great long weekend had by all the kids and parents for what was the last of our 3rd year at Swansea Belmont. We were fortunate to have fine weather throughout, although very hot & humid, and the surf conditions were also quite

Overall we had over 70 nippers competing this year and 25 South Curly nippers had the opportunity to compete in a State Championship Final that was very exciting and a huge effort.

Most of all, seeing all the South Curly kids competing and having a go, was the most pleasing along with all the fun we had along the way.

There were too many highlights over the weekend to mention, but have a look at the list of stand-outs that shows the South Curly team is improving each and every year.



**South Curly March Past Team** - 10th Place out of 28 teams

U8 **Ben Allen** - Made it into the Wade final

U9 Boys Beach - **Liam House** 6th in the Flags final & Equal 5th in the sprint final

U9 Girls Swim - **Keely Aillsop** came a gallant 11th in the final

U10 Boys Board - **Kane Roberge** made the semi finals

U10 Boys Sprint - **Mitchell Beach** made the Semi Finals

U10 Boys Flags **Bailey Skelton** made the Qtrs

U10 Girls Board Relay - Yes! They finished the whole event - Well Done  
(**Emily O'Reilly, Isabelle Ronsksley & Willow Doyle**)

U11 Flags - **Tasha Allen** placed 11th with **Jaala Harrison** making the Qtr finals and **Zach DeRooy** also making the Qtr's in the Boys.

U11 Boys Surf - **Thomas Fuller** made the semi finals

U12 Girls Beach Sprint Relay (Blue Team) - **SILVER MEDAL**  
(**Annie O'Brien, Genevieve Ingham, Jamoia Bennett, Margot O'Brien**)

U12 Girls Beach Sprint Relay (Yellow Team) - 8th in final  
(**Bhriannon Roberge, Lacey Skelton, Ashleigh Russell & Katya Gray**)

U12 Girls Beach Sprint - **Genevieve Ingham & Jamoia Bennett** both reached the semi finals

U12 Girls Board - **Hannah Yeates** was very impressive reaching the semi finals

U13 Boys Beach Sprint Relay - 8th in final (to all their surprise, but awesome to see) (**Dominic Duran, Cameron Hines, Christopher Roche & Josh Sheather**)

U13 Girls - All the girls participated in many of the beach & water events

U14 Boys - **Josh Yeates** made all finals in the surf swim, board and iron man and competed in both the surf swim final finishing 9th followed by 10th place in the iron man. There can always some luck in these events, but Josh did an outstanding job and should be very proud of his efforts in a very tough competitive field. We can now call him '**Ice Man**' after seeing him endure the ice bath recovery session!

U14 Girls - All the girls participated in a number of beach and water events.

A big congratulations to all the coaches, age managers and parents for what has been a very successful carnival. A huge thanks to our organisers **Lisa Settree, Wayne 'Zulu' Settree** and **Kylie Skelton** for all their hard work, Our officials (**Darrin Stoker, Dermot O'Brien, Janice Russell, Lisa Settree, Jeff Hewitt, Jenny Drury and Bryn Russell**), **Lisa Murray** for the numerous hours spent submitting entries and **Viv & Mars** for the countless hours running from one end of the beach to the other capturing photos for all those special moments we saw during the night time slideshows.

Jordi Skelton  
Nippers Competition Manager





# Nipper Updates

There are only two weeks left before the final Nippers Day and presentations on 14 March 2010.

Apart from losing last Sunday due to the potential Tsunami, South Curl Curl Nippers has had a successful and fun season. As you can see from Jordi's report, the results at State were very pleasing. More importantly, the amount of kids competing in both land and water events, the incredible feeling of Club spirit amongst those who stayed at Blacksmiths Caravan Park confirmed our Nippers

are going from strength to strength.

Sunday Nippers continues to present fun and challenging activities.

We are always looking for ideas as to how we can do things better, so if anyone has any constructive suggestions for how we can improve next year, please feel free to let me know by email.

One negative matter I need to raise, is the way the nippers' boards (both competitive and oth-

ers) are being treated after nippers. There have been days when there are more than a dozen boards left floating in the pool at the end of the day. This is not acceptable. They are valuable and need to be treated with respect. We are working on a system to fix this for next year but it really is as simple as each child and parent understanding that if they have a board it must be returned to the Nippers Room that day.

Rob

## Nippers Presentation Day - Sunday 14th March.

Free Sausage for all Nippers. U6 & U7's preso straight after their nippers session and other age groups to follow.

Anyone wishing to take on a role within the Nippers next season, in any shape or form, should contact Rob Newlinds [newlinds@banco.net.au](mailto:newlinds@banco.net.au)

## Winter Board Training

Any nippers interested please contact Troy at [troy@troycortis.com.au](mailto:troy@troycortis.com.au) for further details

**Coming  
Soon**

### Nippers Photos

All the action from the season, Under 6's through to U14. Watch out for an email with the details of how to view and order your photos (a share of the proceeds will go to the club).

Or contact Vivienne at [vivienne@maviimages.com.au](mailto:vivienne@maviimages.com.au) for more details



# Cadets Update

## Double Gold at State Titles



The South Curl Cadets continue to keep busy with Patrols, training, competition and generally enjoying themselves around the club on weekends. We have been able to squeeze in a couple of ski training sessions on Saturday afternoons and Peter Yeates has kept up the fitness sessions on Tuesday and Thursday afternoons whenever possible.

February has been a very busy month for those competing with Branch and State Championships being held and with most of our competitors in the U15 category this is their first year in the Senior Carnivals. In the last edition we highlighted the performances of the group at the Branch Championships and since then a team of 7 Female and 9 Male competitors representing the club at Swansea Belmont, plus 4 males in the junior boat crew. (See boat report)

### Champion Lifesaver

The first event of the program was actually held on the last day of the Nippers Carnival with Kiorie Bennett and Liam Yeates competing in the Champion Lifesaver compe-

titition. This is arguably the toughest event on the program with competitors having to perform in both physical and mental challenges. All competitors are tested on First Aid, Resus and CPR in both practical and theory exams. They need to compete in a swim, board, tube swim and sprint race to round out the competition. The results came through late Sunday afternoon and it was **Gold Medals for both Kiorie and Liam in the U15 Champion Lifesaver.**

This is a fantastic result for both of them and with their win they are now selected by State to compete at the Aussies in this event. Credit must also be given to Bill Yeates who worked very closely with Kiorie and Liam to prepare them for this event along with Bryn Russell. Congratulations guys and good luck at Kurrawa.



Photos by Leonie Bennett

### 2km Soft Sand Race

Another new event for this age group is the 2km soft sand race and SCC had 5 female and 4 male starters out of approximately 20 starters in total in each race. Maddi Jones performed best finishing a strong 7<sup>th</sup> with Serena

Hodgson, Tamara Harrison and Daana Stoker filling out the top 10 followed by Louise Duncan.

The boys did extremely well with Liam Yeates and Harry (where did he come from?) Blake battling out 4<sup>th</sup> and 5<sup>th</sup> so just missing a medal, Jordan Brown also finished strongly followed by Talan Doyle. Well done to all those who competed, this is a very tough event.

### Cameron Relay

The water area was next with Cameron Relay and Harry Blake buoyed by his efforts in the 2km run put his hand up for the board paddle leg, unfortunately his eagerness to get started saw him get the team DQ'd with a break so it was back to the beach area for the boys.

The girls however did get started with Tamara doing the board paddle, the pace was a bit hot for her and by the time Serena had tagged Louise for the swim leg the pack had gone and all she could see was the sunrise on the water. Perhaps knowing this was her last swim for the weekend she proceeded to swim completely around the adjacent water area, then her own water area and finished somewhere down the beach turning a 400m swim into a 1km adventure. When Daana finally reached the finish line the officials congratulated the team for their marathon effort!



# Cadets Update contd.....

## Surf Swim

While the 2km run was on, Josh Yeates competed up a year in the U15 individual Surf Swim and just missed making it through to the finals on Sunday. As result of this and the mishap in the Cameron relay he surprised everyone by turning his attention to the beach events, most of the other competitors just thought he was lost!

The girls also needed to qualify their relay team by finishing 4<sup>th</sup> or better in the heat, they ran a fantastic race to finish 3<sup>rd</sup> ahead of Manly and Cronulla only to find out there had a slight infringement on one batten change which meant they missed the final on Sunday.

place short of making it through to the final on Sunday but Charlie went through and looked strong.



## Sprints



The individual sprints were contested by all the boys with Charlie Taylor and Jake Vale making it through to the Finals day on Sunday.

The finals day unfortunately saw Charlie and Jake drawn in the same semi with Charlie finishing 4<sup>th</sup> to go through to the final and Jake 5<sup>th</sup> just missing out. In the final Charlie put in a massive effort to get 5<sup>th</sup> only just out of the medals. Caz finished 5<sup>th</sup> in her semi to just miss the final but performed extremely well to get that far.

Sunday's final got underway with the last 8 competitors and a high level of tension in the crowd. Charlie was working and gradually working towards the medal rounds and when he made it to the last 3 the SCC cheer squad was in full force. He then proceed to take one of the last 2 flags and was so far ahead of the other 2 competitors he had time to cut across in front of both of them to get the flag, it looked like the Gold was his. The final run however saw him lose his footing in the take off which gave his competitor a big start, but far from giving up he recovered to come back almost level just missing the final flag. This was really a tremendous effort from Charlie winning an individual Medal at this level is very tough.



In the girls Caz Russell put in an excellent qualifying round to also make the finals on

the Sunday.

The boys relay was a straight out final with SCC fielding 2 teams. The team of Harry, Talan, Jordan and Josh Yeates competing with Charlie, Liam, Luke Feledy and Jake. The later team ran exceptionally well in every leg with Jake Vale bringing it home strong to secure a **Silver Medal**, their 3<sup>rd</sup> in as many years but first for Luke a new member of the team.

So the final Medal tally from the beach and water events for SCC Cadets was 2 Gold and 2 Silver, an outstanding success by any measure and equally pleasing was the fact we had a great group of competitors regardless of who won the medals they were all offering support and were part of the team.

Jason Roche having just gained his Bronze medallion decided to make his first Carnival the State Titles and competed in both the sprints and flags, while he didn't make the finals I am sure we will see him back again next season to have another go.

## Flags

The girls were first up Daana, Louise, Tamara and Maddi all competed well on a very hot Saturday afternoon. Louise did best getting through approximately 6 rounds to make the final 12.

**Special mention** must be made of **Jordi Skelton** who spent the weekend with kids helping them prepare for their events and organising them for their events, I am sure it contributed greatly to our success on the beach. Also **Viv De Rooy** who gave up her Saturday to come back to Swansea Belmont and capture those amazing shots we have become accustomed to.

The boys saw Talan, Charlie, Luke, Jordan, Harry and Josh have a go and for a while it looked as though Luke and Charlie might be working together to take out the rest of the field, unfortunately for Luke he missed out one

# Boats @ State

For full results check the website

[http://www.southcurlcurlslsc.org/index.php?option=com\\_content&view=article&id=44&Itemid=35](http://www.southcurlcurlslsc.org/index.php?option=com_content&view=article&id=44&Itemid=35)

But some highlights.....U23 girls won gold as did the open girls. The boat relay was all gold for South Curly by a country mile. The Junior boys won bronze with three boats all on same wave looking for medals.



## Ocean Swim 2010 — Saturday 17th April

South Curl Curl Surf Lifesaving Clubs 'Ocean Swim' - approximately 2km swim from South Curl Curl Beach around the headland to Freshwater Beach. Swimmers are provided with a fantastic course taking in a small amount of reef, a small amount of blue water, but mostly sandy bottom. Spectators will enjoy practically 100% views of the swim as they follow along the new walkway built along the Curly headland. Once swim is completed join your hosts back at the South Curly SLSC for a BBQ and presentations.

The 2010 event will be held on **SATURDAY 17th APRIL 2010 @ 9am** (providing suitable sea and weather conditions on the day). Tide predictions for Sydney (Fort Denison) on this date will be High Tide @ 10:00am - 1.38M.

In the event the sea and weather conditions are not suitable on the above date then more great news! The event will be re-scheduled to be held 2 weeks later on **SATURDAY 1st MAY 2010 @ 9am**. Tide predictions for Sydney (Fort Denison) on this back up date will be High Tide @ 10:19am - 1.34M.

## Thank You to all our Sponsors



# Vale Len Brown

On Sunday 31 January the club lost its longest serving Life Member, Len Brown.

Len joined the Club as a Cadet in 1940 and this year brought up his 70<sup>th</sup> year of membership. Len epitomised South Curly.

He had no fear of big surf. The bigger it was the more he loved it. He was the “Spook” of his generation.

Len was the original Rock Hopper and discovered many caves and crevices from the pool to flat rock (much to the disappointment of the thousands of lobsters he took from there over the years).

In the late 40s Len was involved along with Tony Cuneo and Club the boat crew in an epic rescue in big seas. Len was awarded a Humane Society silver medal for his efforts.

Len took over as the Club boat sweep from Ritchie Roberts in the mid 50s and he was still winning championships in the mid 70s (including consecutive Metropolitan titles in 75 and 76).

Len was awarded Life Membership in 1958 and was our first member to serve 50 years as a Life Member.

But despite all these achievements he will be best remembered as a practical joker who delighted in annoying his fellow members.

Nearly every club photo ended with Len hosing down the assembled group.

On his last Australian Championship trip to Tasmania in 1976 he would wake before first light and climb to the top of a 40 foot pine tree that the touring group were camped under. As each member would arise from sleep Len would welcome them to the day with a bombardment of pine cones. On that trip Robert “Flea” Michaels christened him “Uncle Pest” and it was a title he carried with pride for the next 30 years.

Len passed away at 6.05pm on the day of the Surfboat branch championships. The club walked away from that day with 4 gold medals and 3 branch point score wins – our best ever result. After the late finish a few of us were enjoying a beer on the deck of North Steyne Surf Club and someone asked how Len was faring and we commented that he would have loved today.

I recall looking up at the club and seeing it was just after 6.00pm.

He must have felt it was the right time to go.

VALE UNCLE PEST.

On Sunday 28 March the club will be scattering his ashes and we would love to see as many members as possible attend. The scattering ceremony will take place at 2.00pm and will be followed by refreshments on the deck.



# Bulletin Board

The Sydney Northern Beaches Branch of Surf Life Saving will celebrate 50 years of community service and youth and membership development on Saturday 1 May 2010. Throughout our history we have been at the forefront of the broader surf life saving development. To mark this special occasion a formal dinner will be held at the Novotel Sydney Manly Pacific on Saturday 1st May 2010 commencing at 7pm.

On the night we will be acknowledging the significant achievements made by our Branch and its members over the past 50 years. We will also be looking ahead at how we can advance surf life saving and sustain our future.

I am writing to invite you to join us in our celebrations. Tickets are \$150 per head and include a 3-course meal, drinks and entertainment. Whilst the evening is not intended as a fundraiser there are considerable costs in hosting such an event and numbers are critical to our success. This event is a key part of our history and we hope that you will be able to join us as we celebrate the successes of the Branch over the past five decades.

For further information please contact Jen Huston on 9913 8066 or email [Jen@surflifesaving.net.au](mailto:Jen@surflifesaving.net.au).

**Lisa Murray will be stepping down at the end of this season and will no longer be doing the competition entries, so.....we need a new volunteer!** The role is responsible for liaising with the Age Managers and entering all nippers into carnivals. Anyone interested please contact Rob at [newlinds@banco.net.au](mailto:newlinds@banco.net.au)

## End of Season Trip - Lake Tabourie - 7-11 April 2010



When the SLS season is drawing to a close, South Curly goes on holiday. We take all the toys and share a few days of fun and relaxation, either making new friends or catching up with some old ones. As usual, we are heading to Lake Tabourie on the South Coast. It takes approximately 3.5 - 4 hours to get there, depending on traffic, and once there you have the choice of the lake or the surfing beaches. Accommodation is either cabins or camping, with a discount of one free night if booking more than 2 nights - you just need to let them know you're part of the South Curly booking.

Could I ask all those who already have a booking to email me at [janice.russell01@gmail.com](mailto:janice.russell01@gmail.com) so they can be included in the group email informing them of what's planned for this year. Those people still interested in attending but not already booked, should contact Lake Tabourie Tourist Park directly on 1 300 55 99 66 to reserve their place. There is no number limit to who goes away - the more the merrier!

Looking forward to another wonderful few days of fun in the sun Curly-style!