



From the desk of.....

POOH BEAR



www.southcurlcurlslsc.org

October 2010

A NOTE FROM THE COMMITTEE....

Thanks to everyone who turned up at the magnificent Re-Opening event at the Clubhouse last Saturday. There was a great turn out and everyone was suitably impressed with the renovations — it will definitely be the in-place this summer.

Thanks as always should go to everyone who helped organise the event and also the Fukers for their usual high standard of musical entertainment. They always fill up the dance floor. Special mention also to Anika Stoker & Henry Seeney, ex-Nippers and now cadet members. They wowed the crowd with the set (some of which they had recently performed for their HSC Music Practical). Proof once again how much talent we have within the club.

The fun continues as the 2010/2011 Competition Season @ South Curl is kicking-off with a new surfboat!!

The boat will formally be christened and named down at the club this Sunday October 24th at 4pm. Afterwards we will be opening up the bar for our first "Sippers" of the season at approx. 5-8pm. For the uninitiated Sippers is an informal gathering for members of the club—generally food and drinks are available for purchase (save the hassle of trying to decide what to feed the family on a Sunday night) This week BBQ chicken and beef/lamb kebabs and sausages will be available for purchase

Hope to see you all there!

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South Curl Fundraiser Golf Day - WRAP UP



A picture tells a thousand stories—but here's a few words anyway.....the day was a huge success, dawning sunny with a light wind to keep everyone comfortable. There were variable levels of skill and talent on show, but one thing was consistent across the board—everyone was having FUN! Not only did the event tick all the right boxes for the players, it looks like it raised a respectable amount of money too — at the time of going to press, the details were still being finalised .

Buoyed by the success of the event, the organisers have declared it to be an Annual Event, to be held on the Friday before the AFL Grand Final each year. So book your place for next year NOW!



Housekeeping

PROFICIENCIES

Dependant upon conditions, the first Bronze Medallion proficiency will be held on Sunday, 7th November with a start time of 9am. IRB Crew and Driver proficiencies will take place following the Bronze proficiencies.

REGISTRATIONS

Online registrations can be made at any time by going to www.lifesavingonline.com.au Please refer to the Winter edition of Pooh Bear for instructions.

MEMBERSHIP FEES

Our membership period is from September to September, so if you have not paid your fees for the 2010/2011 season, then you are not a financial member of the club and as such are not covered under our insurance policy.

This is a significant risk to the club and to the (un- financial) member so it really is imperative that if you want to participate in any club activity (competition, training, patrols, or even using club facilities), you do need to ensure that your membership fees have been paid and your membership renewed.

If you are not financial, then you are not a member of our fantastic club. I would encourage everyone to please sort out your membership immediately as we cannot accept the risk of having uninsured people using club facilities and equipment. It just is not worth the risk to our club.

CLUB CLOTHING

Remember there's a wide variety of club gear that can be purchased for both Nippers and Adults. Pre-season volumes were exceptionally high which means that we are waiting on fresh stock for a number of items. Our Bonds sponsored rash vests are still delayed and now won't arrive until the end of October. Please bring another rashie from home for the next couple of weeks for sun-protection. The clothing 'store' is open most Sundays before and during Nippers but does get very busy, so if you know you need something, drop Lisa an email beforehand to speed things up lisa.settree@bigpond.com

Masters

This season there are new requirements for South Curly members so if you intend on competing in an Open, Masters or Boat Carnival please ensure you meet all the requirements to avoid disappointment.

Our Senior Competition organizer this season is Jenny Drury. Her email address is jenny-drury@statcom.com.au Please notify Jenny of your intention to compete in any Masters or Open competition this season. She will put you on a list and advise you of upcoming events.

You also need to familiarise yourself with the "PROFICIENCY AND PATROL HOUR REQUIREMENTS FOR COMPETITION ELIGIBILITY". Every competitor must comply, including the Club requirement for you to be a financial member of South Curl Curl as well as proficient and meeting your patrol obligations. Be assured that if you do not comply, you will not be entered in carnivals and this may affect your team if it is a team event. It is up to you to meet all of your obligations, including updating your details in [lifesavingonline](http://lifesavingonline.com.au). If you don't have access to this system currently, you will need to register, go to www.lifesavingonline.com.au for more details.

Gym Membership

I have taken over the helm from Jono Beavon as Gym Supervisor & would like take the opportunity to thank Jono for his efforts over the last couple of years.

I am planning to introduce some antiseptic spray cans & paper towel and recommend that all gym personnel take the opportunity to clean their equipment prior to use & after use to help contain the spread of infection. It is also important to adhere to the gym rules posted in the gym including the use of a towel when lying on benches & not leaving your sweat for the next person to lie on.

I will be purchasing a new speed ball along with a couple of other bits & pieces & undertaking maintenance on the ergos & stationary bike.

One of the reasons I am undertaking this role is to ensure that you as club members ensure that your gym is kept clean. This is a big problem being near the sand but it only takes 2 minutes to re-stack your weights, wipe down the machines & sweep the floor. If we can keep the gym looking good the committee will be more inclined to purchase some new equipment when the gym is extended in the next 12-18 months.

Also, if any Associate Members or non-financial members have keys to the gym, we would welcome them back.

I look forward to hearing any suggestions anyone has in regard to the gym and equipment. Please direct your enquiries or suggestions to john.oxley@bigpond.com



Nippers Update

What a great start to the season - lots of new and returning South Curly Nippers that's what we love to see! Welcome to our new families, we hope you enjoy your season at South Curly. If you have any concerns or questions don't hesitate to see your friendly Age Manager or ask either Rob Newlinds or Lisa Setttee – we are always happy to help you.

We are planning a great season with our regular Top Deck BBQ's, Twilight Friday Nippers, the Nipper Champion Club Fundraising Challenge, Club Sippers, Cadet Weekend Away, State Titles Trip Away to Kingscliff and there's bound to be more opportunities for us to get together!

Dates to remember:

Sunday 24th October – Post Nippers Top Deck BBQ, Sausage & Drink Combo \$2.50. Pop up and see Zulu – help appreciated.

Friday 12th November – 1st Twilight Nippers @ 6pm. Usual nipper activities based on conditions plus family fun activities, dinner available for purchase etc.

Sunday 14th November – Manly Carnival. See Age Managers to register as a carnival competitor. No Nippers at South Curly.

We are also pleased to announce our new Nipper Program for Kids with Disabilities. Soon we will be welcoming some great new kids and showing them the fun of Nippers at South Curly. Come and say hi and get involved with this great new program @ South Curly.



Nippers Club Champion Challenge Fundraiser

We are very excited to be the first club to take part in this great new fundraiser aimed at Nippers. We will be asking each Nipper to buy a pack of 10 specially designed, collectible fridge magnets for \$20 and sell them to family and friends etc. to raise as much money as they can for the club. The pack costs you \$20 but you can make more money

for the club by asking for donations of over \$2 per magnet. You can also buy more than 1 pack of magnets – the challenge is on!

Your Age Managers will be handing out flyers in the next couple of weeks so get ready to make South Curly the Nipper Champion Club!

U13- U16s TRIP AWAY.....SUN VALLEY TOURIST PARK NOVEMBER 26th - 28th



For the past two years at South Curly, the club has organised a weekend away for members in age groups U13-U17.

The purpose of the trip is to recognise the graduation of these juniors from Nippers to the Senior club and for many it is reward for many years of South Curly Nippers. The weekend away gives them access to Senior club equipment at a relatively sheltered beach so they can progress onto larger rescue equipment with confidence. It also allows the younger members an opportunity to get to know the other cadets and juniors in the club and vice-versa.

Sun Valley Tourist Park is on the Central Coast, just a stones throw from beautiful Shelly Beach which is fully patrolled. Located in the Tuggerah Lakes/Bateau Bay area of the Central Coast it means we can enjoy a whole weekend of fun and training and not much travel time. We also make use of Toowoan Bay which is completely sheltered from the swell. For more information on the location visit:

www.shellybeachcabins.com.au

All 28 Shelly Beach Cabins have been booked and we are now allocating beds/cabins as confirmation of attendance is received. The expected cost per person is \$100.00 for the two nights, Friday November 26th and Saturday November 27th. Clothes and beach towels are all that is required, food will be provided by the Surf Club.

We have upgraded to these cabins this year so we can accommodate everyone more comfortably. Cabins will be divided by age and gender and we are looking for a selection of mums and dads to come along and balance the male/female ratio amongst the parents. Cabins can be taken by a family if preferred but there will be sufficient supervision provided for kids coming without parents. We expect to be able to cover transport for all the kids among the parents who are attending and at least one bus.

If you and/or your child would like to come along, please contact Darrin Stoker or Peter Yeates and reserve your spot.

Darrin Stoker
Contact: 0412 597 930
dstoker@liquitek.com

Peter Yeates
Contact: 0408 657 739
peter.yeates@alconlabs.com



Bulletin Board

The 2010 Kracka Ironperson Challenge is being held at Blacksmiths Beach (Swansea Belmont SLSC) on Saturday, 13th November, 2010.

A few things are changing this year with the prize table back which means no competitor goes home empty handed, prizes for 1st - 5th and not to mention some great entertainment after the presentation which everyone is welcome to join in the fun and festivities!!

Why not make a weekend of it and stay for the Lake Macquarie Games Carnival on Sunday the 14th November 2010. There are some great places to stay e.g 'Squids Ink' who are one of our major sponsors this year. If you would like further information on accommodation feel free to contact me.

If your children are keen to join in the fun at Kracka this year then get in early and fill out the entry form that can be located on the Swansea Belmont SLSC internet homepage (follow the links) and email it back to kracka2010@bigpond.com

We hope you can make it cause we are sure this is one event you don't want to miss!!

2011 WESTPAC MANLY SURF CARNIVAL AT MANLY BEACH INCLUDING ALL AUSTRALIAN JUNIOR SURF CARNIVAL FOR U11 to U14 NIPPERS

Bring the kids to help us celebrate our Centenary!

FRIDAY 21 January 2011

6.30am Global Surf Industries Surfboard riding U11 - Open

SATURDAY 22 January 2011

7.00am Boat events Day 1

7.00am Open Carnival U15 - Open (SRC holders may compete as U15)

SUNDAY 23 January 2011

7.30am Boat events Day 2

8.00am All-Australian Junior Surf Carnival for Nippers U11 - U14

9.00am First Aid Competition

Full program available soon http://www.manlylsc.com.au/2011_westpac_manly_surf_carnival.html

Boat Christening

Sunday 24th October @
4pm

At South Curly Beach

Followed by

Sippers

5-8pm in the club house

Thank You to all our Sponsors



Sponsor Highlight



The SEA Spring Property Update

The direction is upbeat with recent sales and demand for homes reaching highs once again. The general positive feeling from a strong economy coming out of the "GFC", lower unemployment figures, strong retail numbers, a steady stock market has given the consumer a feeling of confidence. Our last 12 auctions have sold successfully, some with results that the crowd that were present in awe of the strength and result at Ocean View Rd Freshwater.

Sales:

- 28 Ocean View Rd Freshwater Sold at Auction \$1,840,000
- 48 Wyndora Ave, Freshwater Sold Prior to Auction \$1,228,000
- 34 Oliver St, Freshwater Sold in just 6 days \$1,250,000
- 32/28-32 Crown Rd, Queenscliff Sold at Auction for \$1,530,000
- 12/36 Banksia St Dee Why Sold Prior to Auction for \$563,000
- 11/18 Banksia St, Dee Why Sold in 3 days for \$655,000

We have warmly welcomed Kat Hurrell as a new agent to the family based office. Kat has a huge knowledge of the suburb and adds a terrific touch to your sale outcome.

New Listings:

- 15 Gardere Ave, Curl Curl - Over \$1,700,000 4 beds, 2.5 baths, 2 cars**
- 43 Surfers Parade, Freshwater - Auction - 4 beds, 2 baths, 1 car**
- 31 Wyndora Ave, Freshwater For Sale Over \$2,350,000 - 4 beds, 4 baths, 4 cars**
- 1 Graham Ave, Freshwater Auction - 3 beds, 2 baths, 1 car**

**** A bonus to SCCSLs Club****
If you recommend or refer a buyer to this particular property, the owner will contribute \$1,000 to the club as a donation. We will match this donation!! So, start asking around if your friends and family and looking to buy and or sell.

If we at SEA can help you with your home or investment, please feel free to give us a call on 9905 4100.
Yours sincerely

**James Smyth
Principal
SEA**

Something to leave you with.....

The Human Body!



- It takes your food seven seconds to get from your mouth to your stomach.
- One human hair can support 3kg (6.6 lb).
- The average man's private area is three times the length of his thumb.
- Human thighbones are stronger than concrete.
- A woman's heart beats faster than a man's...
- There are about one trillion bacteria on each of your feet.
- Women blink twice as often as men.
- The average person's skin weighs twice as much as the brain.
- Your body uses 300 muscles to balance itself when you are standing still.
- If saliva cannot dissolve something, you cannot taste it.

Women reading this will be finished now.

Men are still busy checking their thumbs.

