



**SOUTH CURLY
NIPPERS
INFORMATION
BOOKLET**

**2013/2014
SEASON**



WELCOME TO SOUTH CURL CURL NIPPERS

This handbook sets out information about the Nippers program at South Curly. It is useful to both parents that are considering signing their kids up and renewing nippers.

South Curl Curl Surf Lifesaving Club is over 95 years old and is still going strong! Our Nippers have enjoyed wonderful growth over the past few years and we are enjoying around 400 blue, yellow & white caps running around our glorious beach each Sunday.

Like all surf clubs South Curly is very family orie

UNIFORM & GEAR SALES

For safety reasons ALL children MUST wear a south curly competition cap during ALL Sunday activities, a new requirement from the 1st October 2013 is that all participants in aquatic activities must also wear a high visibility vest. Children are also encouraged to wear club costumes and club swimsuits. Club caps are to be removed once Nippers has finished.

It's very helpful to your Age Managers and helpers if the kids have their name written on their cap (big letters) and it helps with lost property also.

Club Gear is on sale most Sunday mornings in the Nipper Room. We have a great range of kids and adults swimwear and also t-shirts, boardies, caps etc. They all make great gifts too!

AGE GROUP CALCULATION

The age group that your child is calculated to be in the age they are as at the 30th September. Therefore if your child is 11 on the 30th September they will be in the Under 12 age group for the season.

THE AGE YR CHILD IS @ 30 SEPT	NIPPERS AGE CATEGORY
5	Under 6
6	Under 7
7	Under 8
8	Under 9
9	Under 10
10	Under 11
11	Under 12
12	Under 13
13	Under 14

Whilst we understand that the kids like to participate with their mates, SLS Sydney Northern Beaches states that each child MUST participate and compete in their correct age category. Regardless of a child's skill level or ability, they are not covered by insurance and this is a liability we are not willing to take. This also affects your child's ability to receive certifications of achievement and attainment during the season as the SurfGuard System will only recognise them in their correct age group category and the club will not issue awards to those not in the correct age category. Please encourage your children to make new friends in their correct age group.



PARENTS RUN NIPPERS!

The Club operates entirely on volunteer help. There are many jobs, and for most of these you don't need surf lifesaving experience!

It is our experience that the more you get involved, the more your child will enjoy Nippers.

Roles that parents can help with include:

- Age Managers
- Assistant Age Managers
- Water Safety
- Fundraising
- Carnival Entry Assistance
- BBQ Roster
- Training helpers
- Carnival Judge/Official

Your assistance on the beach will be regularly required and counted on. Your Age Managers will need help marking the roll, recording event placing's etc. Please offer your help so that our wonderful Age Managers come back next season!

BRONZE MEDALLION ANYONE!

At the beginning and during the season training is arranged for any parent interested in obtaining their Bronze Medallion. The Bronze Medallion course can be one of the most rewarding courses you can attempt. Once qualified it helps us meet our water safety requirements as SLSA mandates that nippers water safety personnel must be performed by proficient Bronze Medallion holders.

SPEAKING OF AGE MANAGERS...!

If you would like to help run Sunday morning events, please let us know—we always need keen people. Any level of involvement is useful but parents who are able to regularly help out are much appreciated. If you have previous experience and/or Bronze Medallion this is an advantage but not essential.

CHILD PROTECTION

Any parent assisting on the beach should be registered as an associate member to cover insurance issues. Parent helpers MUST also sign the "Prohibited Employment Declaration" for child protection.



SOUTH CURLY SPECIAL NIPPERS PROGRAM

Run in conjunction with the Cerebral Palsy Alliance at Allambie Heights, South Curlly is very proud to offer kids with disabilities the opportunity to enjoy Nippers too! Their nippers training runs on Sunday's 10-11.

Email either KQuinn@cerebralpalsy.org.au if you have any requirements for this program or would like to help out.

EQUIPMENT USE

On Sundays after nippers is finished, nipper boards and equipment may be used under parent supervision by registered members after completion of Nippers up until 12.00 noon. Please return all boards to the nipper room by 12:00 noon. The club also has boards available to those who want to compete at carnivals, more details can be found on our website.

Please Note: Soft Pro type boards are for use in the surf only and should not be used in the pool as they tend to get damaged to easily.

SUN PROTECTION

Please make sure your child has their sunscreen applied before they join their age group. Please note: Age Managers are neither responsible nor allowed (child protection laws) to apply sunscreen to the children, this is your job.

POST NIPPER BBQ'S

To help fundraise, we hold regular Breakfast BBQ/Sausage Sizzles after Nippers on a Sunday morning on the promenade – please support the club and buy some breakie when you can.

CLUB NEWSLETTER – POOH BEAR

Regular newsletters are emailed from the club email no-reply@surfguard.slsa.asn.au and other email notifications come from mail@southcurlcurlslsc.org during the season.

These newsletters and emails are an important source of information for our members so please take the time to read them – we often get people saying “I never knew it was on” yet it was emailed and in the newsletter for 3 months! Add these club email addresses to your safe senders list to stay on top of club news and information.

SURF EDUCATION & PROFICIENCY

The SurfEd program is what Nippers is all about and is based on a clearly defined structure and outcomes to aid the children's life saving development. During the season all Nippers are able to gain their respective SurfEd award for their age group. These certificates are only issued to children participating in their correct age group who have met the minimum requirements with regard to attendance and participation.

Before the children can participate in any water activity they must complete the Preliminary Skills Evaluation and prior to any competition Nippers must complete the next phase of this evaluation ie. Competition Skills Evaluation.

	Preliminary Skills Evaluation	Competition Skills Evaluation	Surf Education
Under 6	Nil (shallow water activities only)	Nil (no competition)	Surf Play One
Under 7	Nil (shallow water activities only)	Nil (no competition)	Surf Play Two
Under 8	25 metre swim (any stroke) 1 minute survival float	Nil (no water competition, except for wade which takes place in waist deep water)	Surf Aware One
Under 9	25 metre swim (any stroke) 1 minute survival float	Minimum 150m open water swim (competition course as per competition manual)	Surf Aware Two
Under 10	25 metre swim (freestyle) 1.5 minute survival float	Minimum 150m open water swim (competition course as per competition manual)	Surf Safe One
Under 11	50 metre swim (freestyle) 2 minute survival float	Minimum 288m open water swim (competition course as per competition manual)	Surf Safe Two
Under 12	100 metre swim (freestyle) 2 minute survival float	Minimum 288m open water swim (competition course as per competition manual)	Surf Smart One
Under 13	150 metre swim (freestyle) 3 minute survival float	Minimum 288m open water swim (competition course as per competition manual)	Surf Smart Two
Under 14	200 metre swim (freestyle, in less than 5 minutes) 3 minute survival float	Minimum 288m open water swim (competition course as per competition manual)	SRC *
Assessors	Age Manager	Age Manager Level 1 Coach Level 1 Official Training Officer (SRC/Bronze) Assessor (SRC/Bronze) (* Assessment of SRC can only be completed by an approved Assessor)	

More details on the surf education modules can be found on the club web site.



CARNIVALS

Carnivals are a great way for kids to test the skills they have developed at nippers and we encourage the kids to go along and have a go. Sydney Northern Beaches Branch conducts four Junior Carnivals during the season for age groups U/8 upwards. Carnival dates this season are:

- Sunday 10th November, 2013 - Manly
- Sunday 1st December, 2013 – Queenscliff
- Sunday 12th January, 2013 - Narrabeen
- Sunday 9th February, 2013—BRANCH CHAMPIONSHIPS – COLLAROY
- Fri 28 Feb—Sun 2 March, 2013 – JUNIOR STATE CHAMPIONSHIPS - UMINA BEACH

The team events like Beach Relay, Board Relay, Cameron Relay, Board Rescue are a great way for the kids to get involved as a group. We don't have selection criteria for carnival team events but your attendance at regular nippers and team training may be considered if we have a limited number of teams.

The only restriction to the number of nippers we can enter at a carnival is the number of officials we provide. The ratio is 10 nippers per 1 official, with a number of the clubs current officials no longer having kids in nippers it is unfair to expect them to keep officiating at carnivals. **Basically we need more carnival officials**, the carnival official course has no pre-requisites and is open to anyone, furthermore you can pick the area in which you wish to officiate on the day and you have the best view of what's going on.

With regards to other information on carnival events and entries, please see our **Nipper Surf Sports Manual**. To ensure that this is a smooth process for all involved we all have roles and responsibilities so please read the manual to check what you (as a parent of a competitor) are required to do.

REGISTRATION

The club encourages all members to use the online registration facility available at www.lifesavingonline.com.au.

You need to create an online account for each club member (this is because the account moves with the member throughout their surf life saving membership). To make life easier you can use the same log in and password for each member and you are able to make a family payment in one go rather than separate payments for each member.

Once this is set up, next season the renewal process is as simple as clicking on RENEW!

Please note that ALL NEW CLUB MEMBERS will be required to bring proof of age (ie. birth certificate) to the club. **ONLINE CREDIT CARD PAYMENTS WILL BE ACCEPTED AT THE CLUB ON REGISTRATION DAY BUT NO EFTPOS FACILITIES AVAILABLE.**



FEES

1st Nipper/Incl. Parent Associate membership	\$100
2nd Nipper/Incl. Parent Associate membership	\$100
Family Cap	\$250
Active Cadet	\$30
Associate Member (not a parent of a nipper)	\$30

Each nipper membership includes an adult associate membership for a parent so they are automatically members of the club.

TWILIGHT NIPPERS – New trial with start time, now 5pm

We will again be holding **Twilight Nippers at South Curl on Carnival Weekends**. This means on the weekends where there is a scheduled carnival, there will be no normal Nippers on Sunday but instead the club will hold **Nippers on a Friday evening**. This year we are going to trial starting at **5pm**, Nippers will be run as it is on Sunday, with the activities dependent on conditions etc. and afterwards we will have a BBQ and open the bar for anyone who wishes to stay, feed the family and have a drink with your Nippers mates. We hope this helps you in a number of ways:

1. Solves the problem of what's for dinner on 4 x Friday Nights during the Season
2. For some of you it means a sleep in on Sunday! If only that were true!
3. Helps more of us connect with each other socially
4. Solves the logistical nightmare that can be kids in 2 places at once when you have Nippers and carnivals!

ADDITIONAL TRAINING

South Curl Curl offers additional training for interested members in the following areas:

Board Training (U9 - U14)	Wednesday 5-6pm & Saturday afternoons 3pm (during daylight saving)
Sprint & Flag (U8 – U14)	Tuesdays 5 – 6pm
SRC & Bronze	TBA

Note: Training needs helpers to be successful, so please come along and lend a hand if you can.

Coach contacts: Jordi Skelton (Beach): jordstar5@gmail.com
Alistair Saunders (Water): alistair@northstarfinancialadvisers.com.au



NIPPERS CALENDAR OF EVENTS 2013-2014 – FOR THE FRIDGE!

OCTOBER, 2013

Sunday 13	First Nippers
Sunday 20	Normal Nippers
Sunday 27	Normal Nippers

NOVEMBER, 2013

Sunday 3	Normal Nippers
Friday 7	TWILIGHT NIPPERS & SIPPERS
Sunday 10	CARNIVAL—MANLY (See Age Mgrs)
Sunday 17	Normal Nippers
Sunday 24	Normal Nippers
Friday 29	Twilight Nippers

DECEMBER, 2013

Sunday 1	CARNIVAL—QUEENSCLIFF (See Age Mgrs)
Sunday 8	Normal Nippers
Sunday 15	Normal Nippers
Sunday 22	Xmas/Fun Nippers
Sunday 29	Xmas Break – No Nippers

JANUARY, 2014

Sunday 5	Xmas/New Year Break—No Nippers
Friday 10	TWILIGHT NIPPERS & SIPPERS
Sunday 12	CARNIVAL— NARRABEEN (See Age Mgrs)
Monday 13 – Fri 17	BOARD TRAINING CAMP U9 –U14
Sunday 19	Normal Nippers
Sunday 26	Normal Nippers

FEBRUARY, 2014

Sunday 2	Normal Nippers
Friday 7	TWILIGHT NIPPERS & SIPPERS
Sunday 9	BRANCH CARNIVAL— COLLAROY
Sunday 16	Normal Nippers
Sunday 23	Normal Nippers

STATE TITLES, UMINA BEACH

Fri 28th Feb – 2nd March

MARCH, 2014

Sunday 2	Normal Nippers
Sunday 9 or 16	TO BE CONF. FINAL NIPPERS & PRESENTATION/AGM

NIPPERS COMMITTEE MEMBERS 2013—2014

Position	Name	Email
President	Alistair Saunders	Alistair@northstarfinancialadvisers.com.au
Vice President	Jodi Le Geyt	jodi.legeyt@optusnet.com.au
Clothing	Lisa Settree	lisa.settree@bigpond.com
Competition Registrar	Cristina Cannon	cristina.cannon@bigpond.com
Competition Mgr Beach	Jordi Skelton	jordstar5@gmail.com
Competition Mgr Water	Alistair Saunders	Alistair@northstarfinancialadvisers.com.au
BBQ Co-ord	Carol & Bob Butcher	
U6 Age Manager	Alex Braaksma Jaqi Rota	alex.braaksma@optusnet.com.au jacqueline.rota@tradecredit.austbrokers.com
U7	Saul Carroll	saul@solitonnetworkconsulting.com
U8	James Hawley	James.Hawley@belleproperty.com
U9	Jordi Skelton Hamish Shearer Richard Whitehead	jordstar5@gmail.com hamishshearer@gmail.com annie.whitehead@bigpond.com
U10	Mike Le Geyt	legeyt@optusnet.com.au
U11	Liz Rath	lizrath@gmail.com
U12	Alistair Saunders Steve Hall	Alistair@northstarfinancialadvisers.com.au team_hall@bigpond.com
U13	Jodi Le Geyt John Diggin Rob Greentree	jodi.legeyt@optusnet.com.au digginjohn@hotmail.com robert.greentree@jacobs.com
U14	James Carley David Ronksley Stuart Tanswell	jamestcarley@gmail.com DRonksley@globalskm.com getfit.tan@bigpond.com
Special Nippers Group	Kirsten Quinn Kim Buckingham	kmquinn@optusnet.com.au kbucko6@yahoo.com