

# SOUTH CURLY NIPPERS INFORMATION BOOKLET

2017/2018 SEASON

Version: Aug 15, 2017









WE NEED PARENTS TO VOLUNTEER TO **BECOME CARNIVAL OFFICIALS –** 



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#### WELCOME TO SOUTH CURL CURL NIPPERS

This handbook sets out information about the Nippers program at South Curl Curl Surf Life Saving Club. It is useful to both parents that are considering signing their kids up, as well as renewing nippers.

South Curl Curl Surf Lifesaving Club will be turning 100 years old in 2018 and is still going strong! Our Nippers have enjoyed wonderful growth over the past few years and we currently have over 400 blue, yellow & white caps running around our glorious beach each Sunday.

Like all surf clubs, South Curly is very family oriented and the focus is primarily to ensure that our Nipper program is safe, fun and educational, not only for the children but also for the Mums and Dads who join us on Sunday mornings. We pride ourselves on making Nippers accessible to all and providing opportunities for all Nippers regardless of their abilities. We encourage kids to "have a go" at Nippers sessions, training and carnivals (if we have enough officials, any eligible child can enter carnivals), and we have an Additional Needs (Rippers) group that has been running successfully for a number of years.

Socially we are very active—look out for our infamous BBQ's on the deck, Twilight Sippers on the deck, Lake Tabourie camping trip, and other occasions to get together and have a chat.

#### **SUNDAY ACTIVITIES**

To give the little ones a chance to use the beach & pool without being "crashed" by the big kids, we have different starting times for the younger age groups as follows:

8am - 9am Cadets (Under 15-Under 17)

9am - 10am Under 6,7 and Under 14 - The SRC Squad

9.30am -10.30am Under 8 – Under 13

10am - 11am Rippers (Additional Needs Nippers)

The younger age groups can take longer than the allocated hour depending on numbers and helpers available. Nippers assemble behind their age marker on the beach for roll call and must be wearing a nipper cap and have sunscreen applied before Nippers starts. Each child must be marked off the roll prior to leaving with their parent. Nipper caps are to be removed once Nippers has finished.

PLEASE NOTE: A PARENT OR GUARDIAN IS REQUIRED TO BE ON THE BEACH AT ALL TIMES, DURING NIPPERS. YOUR CHILD IS YOUR RESPONSIBILITY, NIPPERS IS NOT A CHILD MINDING PROGRAM. TRIPS TO THE TOILET, SUN PROTECTION AND THE GENERAL WELFARE OF EACH CHILD ON SOUTH CURL CURL BEACH IS THE RESPONSIBILITY OF THEIR PARENT OR GUARDIAN, AND NOT THE AGE MANAGERS.

# **NIPPER SEASON START**

The 2017/2018 season commences on SUNDAY 15th OCTOBER, 2017.





# **UNIFORM & GEAR SALES**

For safety reasons ALL children MUST wear a cap during all Sunday activities, for the 2016-17 season. Different cap colours are assigned for each age group, as shown below. If your child is continuing from last year, they will be able to re-use their cap. The caps are also reversible allowing them to be used as a South Curly cap for competition or assessment. ALL participants in aquatic activities must also wear a high visibility vest. Children are also encouraged to wear club costumes and club swimsuits. Club caps are to be removed once Nippers has finished.

#### Age Group Cap Colours 2017-18

U6	White	
U7	Red	
U8	Navy	
U9	Lime Green	
U10	Mauve	
U11	Aqua	
U12	Royal Blue	
U13	Yellow	
U14	South Curly Cap	
Rippers	South Curly Cap	

It's very helpful to your Age Managers and helpers if the kids have their name written on their cap (big letters) and it helps with lost property also.

Club gear is on sale most Sunday mornings in the Nipper Room. We have a great range of kids and adult swimwear, and t-shirts, boardies, caps etc. They all make great gifts too!

Club gear can also be purchased via the South Curl Curl SLSC App available via TeamApp.



# **AGE GROUP CALCULATION**

The age group for your child is calculated from the age they are, on or prior to 30 Sept. For example, if your child is 11 on the  $30^{th}$  September, they will be in the Under 12 age group for the season.

THE AGE YR CHILD IS @ 30 SEPT	NIPPERS AGE CATEGORY
5	Under 6
6	Under 7
7	Under 8
8	Under 9
9	Under 10
10	Under 11
11	Under 12
12	Under 13
13	Under 14

Whilst we understand that the kids like to participate with their mates, Surf Life Saving states that each child should participate and compete in their correct age category. Regardless of a child's skill level or ability, they may not be covered by insurance if they do not compete in their correct age group. This also affects your child's ability to receive certifications of achievement and attainment during the season as the Surfguard System will only recognise them in their correct age group category and the club will not issue awards to those not in the correct age category. So, we ask that you please encourage your children to make new friends in their correct age group.

#### **PARENTS RUN NIPPERS!**

The Club operates entirely on volunteer help. There are many jobs, and for most of these you don't need surf lifesaving experience! It is our experience that the more you get involved, the more your child will enjoy Nippers.

Roles that parents can help with include:

- Age Managers
- **Assistant Age Managers**
- Water Safety
- **Fundraising**
- Carnival Entry Assistance
- **BBQ** Roster
- Training helpers
- Carnival Judge/Official

Your assistance on the beach will be regularly required and counted on. Your Age Managers will need help marking the roll, recording event placings etc. Please offer your help so that our wonderful Age Managers come back next season!





# **BRONZE MEDALLION ANYONE!**

At the beginning, and during the season, training is arranged for any parent interested in obtaining their Bronze Medallion. The Bronze Medallion course can be one of the most rewarding courses you can attempt. Once qualified it helps us meet our water safety requirements as SLSA mandates that nippers water safety must be performed by proficient Bronze Medallion holders.

# **SPEAKING OF AGE MANAGERS!**

If you would like to help run Sunday morning events, please let us know—we always need keen people. Any level of involvement is useful but parents who can regularly help out are much appreciated. If you have previous experience and/or Bronze Medallion this is an advantage but not essential.

#### **CHILD PROTECTION**

Any parent assisting on the beach should be registered as an associate member to cover insurance issues. All Age Managers and Water Safety also need to apply and show proof of approval via the "Working With Children Check" for child protection. Please complete the registration process at: http://www.kidsguardian.nsw.gov.au/working-with-children/working-with-children-check and once you've received your approval email (from 1 week, but up to 4 weeks), please email your approval WWC number and details to: mail@southcurlcurlslsc.org



# SOUTH CURLY ALL ABILITY RIPPER NIPPERS PROGRAM

Run in conjunction with the Cerebral Palsy Alliance at Allambie Heights, South Curly is very proud to offer a modified nipper program for children & youth with additional needs. The program has been developed to allow inclusion for all children & youth aged 5 to 15 and aims to teach the following skills:

- surf awareness and
- beach safety

The sessions will also include fun activities such as:

- beach races,
- flags,
- wade and swim races.

As members of this group become more confident in the water, they learn skills to be able to use nipper surfboards and catch a wave or two to shore.

The Rippers group are supported by volunteers from South Curl Surf Lifesaving Club, however family members are actively encouraged to participate with their child so everyone has the opportunity to share in the excitement as each member masters new skills throughout the season.

South Curl Curl encourage members of 'Rippers' to join in their age mainstream group if they wish and are welcome to participate in both groups. Our main focus is to make sure members are actively learning whilst having fun!

Email Kirsten Quinn - KQuinn@cerebralpalsy.org.au if you have any requirements for this program or would like to help out.

#### **EQUIPMENT USE**

After Nippers has finished on Sundays nipper boards and equipment may be used under parent supervision by registered members up until 12.00 noon. Please return all boards to the nipper room by 12:00 noon. The club also has boards available to those who want to compete at carnivals, please ask your age manager.

Please Note: Soft Pro type boards are generally for use in the surf only and should not be used in the pool as they tend to get damaged to easily.

# **SUN PROTECTION**

Please make sure your child has their sunscreen applied before they join their age group. It is also a good idea to re-apply sunscreen regularly. While the club does have a limited amount of sunscreen available, we ask that parents please bring their own. Please note: Age Managers are neither responsible nor allowed (child protection laws) to apply sunscreen to the children, this is your job as a parent, please pay particular attention to this as the nippers can be out in the sun for more than an hour during summer.

# **POST NIPPER BBQ'S**

To help fundraise, we hold regular Breakfast BBQ/Sausage Sizzles after Nippers on a Sunday morning on





the promenade – please support the club and buy some brekkie when you can.

# **CLUB NEWSLETTER – POOH BEAR**

Regular newsletters are emailed from the club email <a href="no-reply@surfguard.slsa.asn.au">no-reply@surfguard.slsa.asn.au</a> and other email notifications come from <a href="mail@southcurlcurlslsc.org">mail@southcurlcurlslsc.org</a> during the season. These will also be included in the "South Curl Curl Surf Lifesaving Club (SCCSLSC)" TeamApp, under the "Newsletters" button.

These newsletters and emails are an important source of information for our members so please take the time to read them – we often get people saying "I never knew it was on" yet it was emailed and in the newsletter for 3 months! Add these club email addresses to your safe senders list and visit the SCCSLC TeamApp on smartphone or through a webpage. Stay on top of club news and information.



# **SURF EDUCATION & PROFICIENCY**

The SurfEd program is what Nippers is all about and is based on a clearly defined structure and outcomes to aid the children's lifesaving development. During the season, all Nippers can gain their respective SurfEd award for their age group. These certificates are only issued to children participating in their correct age group who have met the minimum requirements regarding attendance and  $% \left( 1\right) =\left( 1\right) \left( 1\right$ participation.

Before the children can participate in any water activity they must complete the Preliminary Skills Evaluation and prior to any competition Nippers must complete the next phase of this evaluation i.e. Competition Skills Evaluation.

	Preliminary Skills Evaluation	Competition Skills Evaluation	Surf Education
Under 6	From a standing position in waist deep water	Nil	Surf Play One
	perform a front glide and recover to a secure	(no competition)	
	position. Perform a back or front float holding a		
	buoyant aid and recover to a secure position.		
Under 7	From a standing position in waist deep water	Nil	Surf Play Two
	perform a front glide, kick for 3m and recover to	(no competition)	
	a secure position. Perform a back or front float		
	for a few seconds and recover to a secure		
	position.		
Under 8	25 metre swim (any stroke)	Nil	Surf Aware One
	1 minute survival float	(no water competition, except for	
		wade which takes place in waist	
		deep water)	
Under 9	25 metre swim (any stroke)	Minimum 150m open water	Surf Aware Two
	1 minute survival float	swim (competition course as per	
U d 10	25 marting action (for actual)	competition manual)	Count Code One
Under 10	25 metre swim (freestyle) 1.5 minute survival float	Minimum 150m open water	Surf Safe One
	1.5 minute survivai float	swim (competition course as per	
Under 11	50 metre swim (freestyle)	competition manual) Minimum 288m open water	Surf Safe Two
Onder 11	2 minute survival float	swim (competition course as per	Suri Sale Two
	2 Illillute Sulvival Hoat	competition manual)	
Under 12	100 metre swim (freestyle)	Minimum 288m open water	Surf Smart One
Olider 12	2 minute survival float	swim (competition course as per	Juli Jillait Olle
	2 minute survival noat	competition manual)	
Under 13	150 metre swim (freestyle)	Minimum 288m open water	Surf Smart Two
Olider 15	3 minute survival float	swim (competition course as per	Sur Smart Two
	5 minute survivar nout	competition manual)	
Under 14	200 metre swim (freestyle, in	Minimum 288m open water	SRC *
	less than 5 minutes)	swim (competition course as per	
	3 minute survival float	competition manual)	
Assessors	Age Manager	Age Manager	
		Level 1 Coach	
		Level 1 Official	
		Training Officer (SRC/Bronze)	
		Assessor (SRC/Bronze)	
		(* Assessment of SRC can only be	
		completed by an approved	
		Assessor)	

More details on the surf education modules can be found on the club website.





# **CARNIVALS**

Carnivals are great way for kids to test the skills they have developed at nippers. We encourage all kids to go along and have a go. Sydney Northern Beaches Branch conducts Carnivals during the season for age groups U8 upwards for Beach events, and U9 upwards for Water events. Carnival dates are tentatively:

Date (provisional)	Carnival	Location
22 Oct, 2017 - Sunday	Bennett Craft Carnival	Dee Why
28 Oct, 2017 - Saturday	Junior Beach Only Carnival - am	Queenscliff
11 Nov, 2017 - Saturday	Junior Water Only Carnival – am	Newport
19 Nov, 2017 - Sunday	Junior Carnival	Manly
26 Nov, 2017 - Sunday	Bennett Junior Ironman	Freshwater
3 Dec, 2017 - Sunday	Junior Teams Water Carnival	Queenscliff
14 Jan, 2018	Junior Carnival	Narrabeen
4 Feb, 2018	SNB Branch Age Championships	TBA
11,17,18 Feb	Backup dates for SNB Branch Championships	TBA
2-4 March, 2018	NSW State Junior Championships	Swansea Belmont
24-25 March, 2018	SLS Australian Youth Champs	North Kirra

The team events like Beach Relay, Board Relay, Cameron Relay, and Board Rescue are a great way for the kids to get involved as a group. We don't have selection criteria for carnival team events but your attendance at regular nippers and team training may be considered if we have a limited number of teams.

The only restriction to entering nippers in carnivals is that we provide 5 officials. Roughly this equates to 1.25 official per 10 nippers we enter. As many the club's current officials no longer having kids in nippers, they have stopped officiating at junior carnivals. In 2017/18 we URGENTLY need more carnival officials for our nippers to continue to be benefiting from these organised events. The carnival official course has no pre-requisites and is open to anyone. Furthermore, you can pick the area in which you wish to officiate on the day and you have the best beach-side view of what's going on.

With regards to other information on carnival events and entries, please see our Nipper Surf Sports Manual. To ensure that this is a smooth process for all involved we all have roles and responsibilities, so please read the manual to check what you (as a parent of a competitor) are required to do.

#### **REGISTRATION**

SLSA requires all nippers to be current financial members, non-financial members will therefore not be able to participate until their membership is renewed and paid online. This season RENEWING MEMBERS MUST BE COMPLETED ONLINE - Membership renewal and payment. An administration fee of \$10 per membership may be charged to those not using this method. Visit the new SLSA MEMBERS PORTAL - https://portal.sls.com.au/wps/portal/member/

You need to create an online account for each club member (this is because the account moves with the member throughout their surf lifesaving membership). To make life easier you can use the same log in and password for each member and you are able to make a family payment in one go rather than separate payments for each member.



Once this is set up, next season the renewal process is as simple as clicking on RENEW!

Please note that ALL NEW CLUB MEMBERS will be required to bring proof of age (ie. birth certificate, drivers licence, passport) to the club. ONLINE CREDIT CARD PAYMENTS WILL BE ACCEPTED AT THE CLUB ON REGISTRATION DAY BUT NO EFTPOS FACILITIES AVAILABLE.

#### 2017/18 FEES ARE:

- \$70 ACTIVE PATROLLING ADULT
- \$30 ACTIVE PATROLLING CADET (POST SRC U18)
- \$100 NIPPER (U6 TO U14)
- \$250 FAMILY CAP
- \$50 ASSOCIATE/SOCIAL MEMBER (THIS MEMBERSHIP FEE IS MANDATORY FOR AT LEAST ONE PARENT. TO HELP ON THE BEACH YOU MUST BE AT LEAST AN ASSOCIATE MEMBER FOR INSURANCE PURPOSES and sign the club's working with children declaration)

Family is assumed to be up to 2 adults and their children who are Under 18 or full-time students.

Bronze Medallion Course Fee includes probationary membership, manual, medallion & training.

New Gym Memberships are only available to patrolling members and subject to availability.

Note: Anyone undertaking the SRC with the U14s training group must pay nipper fees regardless of age.

#### **CARNIVAL WEEKENDS**

This year we will reintroduce the Friday evening nippers and sippers event prior to a Sunday full carnival date. Not all carnivals will be run during the Sunday nipper times (this year there are some on Saturdays!), so there is no blanket rule on whether nippers will be on a Friday or Sunday. So there is NO confusion, ALL notifications for nipper events can be found in the "Key Events" in TeamApp. Please make sure you are aware of these Carnival days by noting the Key Events button in the South Curl Curl Surf Life Saving TeamApp.

#### **ADDITIONAL TRAINING**

South Curl Curl offers additional training for interested members in the following areas:

**Board Training (U9 - U14)** Wednesday 5-6pm (see TeamApp Chat Room for updates)

Sprint & Flag (U8 - U14) **TBA** SRC & Bronze TRΔ

Note: Training needs helpers to be successful, so please come along and lend a hand if you can.

**Coach contacts:** Jordi Skelton (Beach): jordstar5@gmail.com

Water - TBD:

Register and then search for "South Curl Curl SLSC" or access via <a href="https://sccslsc.teamapp.com/">https://sccslsc.teamapp.com/</a>

Comment [SC1]: Let me check that this is still applicable.



# NIPPERS CALENDAR OF EVENTS 2017/2018 – FOR THE FRIDGE\*

SEPTEMBER, 2017

Sunday 17 Club registration day - renew on-line. If new, at South Curl Curl SLSC from 9am-12pm. Saturday 23

Weekend patrols start for all Northern Beaches surf clubs

OCTOBER, 2017

Introductions to Nippers and Club for new Nipper Parents. 6.00-8.00pr

Sunday 15 Normal Nippers – First day of Nipper season! Welcome/Welcome back!

Sunday 22 Normal Nippers (also CARNIVAL - Bennett Craft @ Dee Why from 11.30am)

Sunday 29 Normal Nippers. CARNIVAL – Junior Beach Only Carnival – Queenscliff. Club

NOVEMBER, 2017

Saturday 4 Sunday 5 CARNIVAL (am)—Junior Water Only Carnival – Newport

Normal Nippers

Normal Nippers. Junior Beach Only Carnival (am) – North Steyne. Sunday 12

Sunday 19 **Normal Nippers** 

Fri 24 – Sun 2 U13-U17 Cadet Weekend – Shelley Beach Holiday Park Club Sipp om 6pm Sunday

Normal Nippers (also Bennett Fast & Furious @ Freshwater from 11am) Sunday 26

DECEMBER, 2017

Normal Nippers. CARNIVAL – 11-15s Water Teams – location TBC Normal Nippers. CARNIVAL – 9-10s Water– location TBC Sunday 3

Sunday 10

Sunday 17 Xmas/Fun Nippers Sunday 24 Xmas Break - NO Nippers

JANUARY, 2018

Sunday 7 Xmas/New Year Break—NO Nippers Sunday 14 Xmas/New Year Break—NO Nippers

CARNIVAL— Junior Beach only (am) - Narrabeen
SCCSLSC HOLIDAY BOARD TRAINING CAMP U9 –U14, TBC

Sunday 14 Wed 17 – Fri 19

5-9pm Friday twilight Sippers

Sunday 22 Normal Nippers Normal Nippers Sunday 29

FEBRUARY, 2018

riday 2

Sunday 4 SYDNEY NORTHERN BEACHES BRANCH AGE CHAMIONSHIPS (Water only) — LOCATION TBA

(Backup dates – Feb 17,18<sup>th</sup>)

SYDNEY NORTHERN BEACHES BRANCH AGE CHAMIONSHII Sunday 11

(Backup dates – Feb 17,18<sup>th</sup>)
Normal Nippers. Club Sippers fr unday 11

Sunday 18 Normal Nippers

Sunday 25 Normal Nippers

MARCH, 2018

NSW State Junior Champior

Sunday 5 Normal Nippers

FINAL NIPPERS & PRESENTATION.

Sunday 11 Wednesday 14 AGE MANAGERS DINNER

April, 2018

Sat 14 – Sun 15 Wed 18 – Sat 21

SLS Australian Youth Champs – Scarborough, WA
CATERED DAYS FOR LAKE TABOURIE END OF YEAR CLUB CAMP
[Most people arriving Tues 17<sup>th</sup> and staying to Sun 22<sup>nd</sup> – non-catered}.

Information is valid as at September 15, 2017, but is subject to change as the season progresses. Please consult TeamApp, SCCSLSC, "Key Events" button for the latest information, or https://sccslsc.teamapp.com/



# NIPPERS COMMITTEE MEMBERS 2017—2018

Position	Name	Email
President	Saul Carroll	president@southcurlynippers.com
Vice President	Graham Smith	vicepresident@southcurlynippers.com
Secretary and Registrar	TBD	TBD
Risk Assessment Officer	TBD	TBD
Clothing	Kristina Porteous	Khaydock@optusnet.com.au
Competition Registrar	TBD	TBD
Competition Mgr Beach	Jordi Skelton	jordstar5@gmail.com
Competition Mgr Water	Alistair Saunders	alistair@northstarfinancialadvisers.com.au
BBQ Co-ord	TBD	TBD
U6 Age Managers	TBD	u6@southcurlynippers.com
U7 Age Managers	Peter Hamilton; Stefan Hutton Steve Rudd;	u7@southcurlynippers.com
U8 Age Managers	Adam Larracy; Steve Thomas; Vanessa Fisher	u8@southcurlynippers.com
U9 Age Managers	James Hawley; Ben Humel;	u9@southcurlynippers.com
U10 Age Managers	Alex Braksma; Matt Fitzgerald; Cam Inchley	u10@southcurlynippers.com
U11 Age Managers	Bernard Blanchfield; Saul Carroll; Steve Rudd; Graham Smith	u11@southcurlynippers.com
U12 Age Managers	Nick Careless; Ken Johnston; Paul Monnington; Bill Porteous	u12@southcurlynippers.com
U13 Age Managers	Terry Summerton; Jordi Skelton	u13@southcurlynippers.com
U14 – The SRC Squad Age Managers/Trainers	Rob Morgan; Natalie Neary; Mike Le Geyt	u14@southcurlynippers.com
Rippers: Additional Needs Nipper Group	Kirsten Quinn	rippers@southcurlynippers.com
Cadets (U15-17) Water Safety	Chuck Berry; Steve Hall;	cadets@southcurlynippers.com
All Age Managers	Email to all age managers at South Curly Nippers	agemanagers@southcurlynippers.com



# SOUTH CURL CURL SLSC APP: INTRODUCTION AND QUICK START GUIDE

To communicate on the run and to stay up to date with what's happening we recommend you download our SCCSLSC App to your smart phone, or tablet.

#### Step 1. Download "Team App"





Download "Team App" to your smartphone from the Apple App Store or Google Play. Create an email-based login and associated password (and remember this for future).

#### Step 2. Search for "South Curl Curl SLSC or SCCSLSC"



Register for South Curl Curl Surf Life Saving Club.

Note: to access App through computer and web address - ie. no smartphone/tablet, please use the following: https://sccslsc.teamapp.com/

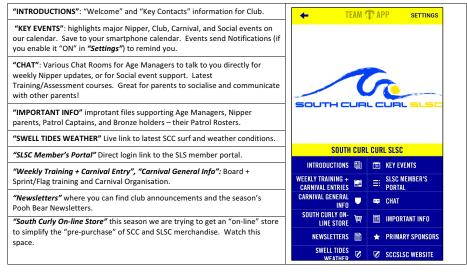
#### Step 3. Select ALL appropriate Access Groups to join

Access Group options: U6s, U7s, U8s, U9s, U10s, U11s, U12s, U13s, and U14s - THE SRC SQUAD.

(For example, for two child family - one in U8s, the other in U11s, then you would register for both U8s and U11s).

For accredited Bronze certification, please also indicate "Bronze" and "Water Safety" groups (requires validation to join). For accredited Age Managers, please also indicate "Age Manager" group (requires validation to join). For accredited Officials, please also indicate "Officials" group (requires validation to join).

#### Step 4. Enjoy the App - but here are some quick pointers.







# NOTES FOR PARENTS OR NIPPERS TO REMEMBER: