



From the desk of.....

# POOH BEAR



[www.southcurlcurlslsc.org](http://www.southcurlcurlslsc.org)

Winter 2010

## A NOTE FROM THE COMMITTEE....

Soccer, AFL, League, Union, and Netball.....seems to be keeping us all busy however the surf season soon approaches and with it hopefully comes the warm weather.

Renovations to the club are well underway with the bar and kitchen area due to be complete towards the end of September. These changes are significant and will go a long way on improving the needs of our ever-growing membership.

Training – a winter bronze group of 21 keen young members has completed the water component for their bronzes. By seasons start this group will be completed and bolstering our patrolling numbers. ART (the old ARC) training will be starting soon, if anyone is interested in completing this extremely valuable course, please get in touch with Bryn Russell, Cathie Fuller, or Liz Rath (email address for enquiries 'mail@southcurlcurlslsc.org'). Same applies for Senior First Aid courses, please register your interest if you need to do, or renew this qualification.

We've had the pleasure of sharing our club with the Harbord Frigid Frogs over the last few months whilst the Swimming Club building is being reno-

vated. With the Frogs, the Running Club and our Surf Club members all down at the beach on a Sunday morning, it certainly has been a hive of activity. It is nice to be able to support our local community through the sharing of our facility.

Due to the current renovations this year's South Curl Curl SLS AGM will be held at the Harbord Beach Hotel, starting promptly at 10:00am on 15th August. As all Executive Committee positions become vacant I would implore all members to consider putting their hand up to fill any of these roles. Our club is going through some significant growth with plans in play for further renovations to better meet our membership's needs. To do this we do need a strong and diverse committee, so please consider putting your hand up. (Enquiries/nominations 'mail@southcurlcurlslsc.org')

For our club to continue to prosper we need the support of our sponsors. If you are out and about please call in and express your gratitude to our current sponsors, as a simple thank you goes a very long way.

## Inside this issue:

• AGM 2010	2
• New Season	3
• Golf Day	4
• Emergency Care Course	5
• Calendar of Events	6
• Child Protection	8
• Nippers Update	9
• Club Clothing	10

## Gear Inspection

This year the gear inspection is on Sunday 29th August commencing at approximately 9am.

It would be appreciated if club members could assist on the day, or in preparations, by contacting Peter Yeates, Spook, Scott and/or Anne Taylor, Bryn Russell, or Raz on 99059152.

## South Curl Curl SLSC 2010 AGM

10am sharp

Sunday 15th August at the  
Harbord Beach Hotel (Moore Road)

more info on Page 2



# AGM

Sunday 15th August 2010

## Scheduled for 10am on 15th August @ Harbord Beach Hotel

Please be advised that the South Curl Curl SLSC AGM will be held on Sunday, 15<sup>th</sup> of August starting **promptly** at 10am.

Business to be covered:

- Confirm the minutes of previous AGM
- Receive club committee reports from preceding financial year
- To elect office bearers of the Club Committee for the forthcoming year
- To affiliate with SLS Sydney Northern Beaches
- To recognise and determine any life member nominations.

South Curly is a volunteer organisation and operates on the goodwill of all our members. As all Committee roles will become vacant on the day of the AGM I would urge all members to consider nominating for any of the positions, or to consider being a deputy should that be of interest.

### Positions:

- |   |                                  |  |
|---|----------------------------------|--|
| • President                                     | • Deputy President               | • Secretary                            |
| • Assistant Secretary                           | • Treasurer                      | • Assistant Treasurer                  |
| • Club Captain                                  | • Chief Instructor               | • Boat Captain                         |
| • Craft Captain                                 | • Junior Activities Chairperson  | • Deputy Junior Activities Chairperson |
| • Junior Development Officer                    | • IRB Captain                    | • IRB Engineer                         |
| • Registrar                                     | • Intra Club Competition Manager | • Branch Delegates                     |
| • Competition Manager                           | • First Aid Officer              | • Gym Supervisor                       |
| • Gear Steward                                  | • Social Committee Organiser     | • OH&S Officer                         |
| • Child Protection Officer                      | • Judiciary (multiple members)   |  |
| • Finance Committee members (multiple members)  |                                  |  |
| • Building Committee Members (multiple members) |                                  |  |

Nominations can be made by email to [mail@southcurlcurlslsc.org](mailto:mail@southcurlcurlslsc.org) or from the floor on the day of the AGM. If you have questions or would like to nominate directly, please contact ~~Bryn Russell~~ on ~~0407 278 998~~

Registrations for the upcoming season will be accepted at the AGM as will signed Child Protection Forms. Please could you make the effort to bring either cash, or your cheque book so that we can finalise registrations on the day.

## Registering for the new season.....

Registering for the 2010/2011 season has never been easier. You can register online through [lifesavingonline.com.au](http://lifesavingonline.com.au) at either of the registration dates set down by Branch; at the AGM; or any Sunday morning at the beach. This year the Branch dates for Registrations have been set for September 12<sup>th</sup> and September 19<sup>th</sup>.

### **Membership Subscriptions**

Membership fees are consistent across all sections of the Club. A family is defined as up to two parents plus their children up to age of 18.

Changes to the clubs registration fees come into effect on October 1st. Those who register prior to that date will see few changes to their registration costs. Those registering on or after October 1st will pay the new fees. These fees will continue through to the next season. For more information regarding registrations please go to [www.southcurlcurlslsc.org](http://www.southcurlcurlslsc.org) and select the membership tab (excerpt below).

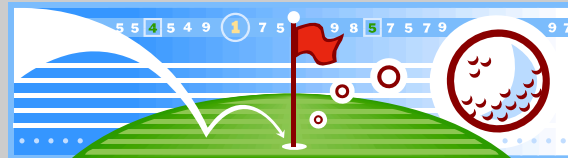
Membership Subscriptions	Pre Oct 1st	After Oct 1st
1st Nipper/Junior Activities member		
Includes Junior Activities Associate	n/a	80
1st family member	55	70
2nd family member	45	60
3rd family member	35	50
Subsequent members	25	40
Active Cadet	25	25
Junior Activities Associate	25	25
Family membership limit	150	180

For those members wishing to use the gym, there is a one-off cost of \$50 for a key which is refundable on return of the key. Associate members are charged an additional \$125 per annum for gym membership. This means the total cost in the first year for a new Associate with gym is \$230, and for subsequent years it's \$180 per year. Post October 31st, the one-off cost of \$50 for a key remains the same. Associate members are charged an additional \$150 per annum for gym membership. This means the total cost in the first year for a new Associate with gym is \$270, and for subsequent years it's \$220 per year (stc).

Bronze medallion course - Standard membership fee plus cost of training materials, usually totaling around \$100.

From October 1st, if joining as a Junior Activities member, this fee includes a parent registration as Junior Activities Associate. Patrolling members should be calculated prior to subsequent members (including children) when determining the family membership subscription due. If the parent is a patrolling member, please use the "1st family member" rate in calculating your membership fees.

# South Curly Fundraiser Golf Day - Friday 24th Sept



- What:** 4 ball Ambrose
- Where:** Long Reef Golf Club
- When:** Friday 24th September, 7am for 8am Shotgun Start
- Who:** Everyone and anyone, golfers, non-golfers - come as an individual or a ready-made team
- Why:**
- Club fundraiser plus a donation to a nominated charity
  - get together with mates from the club and have a laugh (guaranteed!)
- How Much:** Adults—\$100  
Juniors/Cadets \$60
- This includes breakfast at Long Reef, Golf, brunch at South Curly and various prizes

We are expecting c. 130 people but numbers are limited so DO NOT BE DISAPPOINTED—BOOK EARLY by contacting any of the following people:

Dermot O'Brien — [dobrieneng@optusnet.com.au](mailto:dobrieneng@optusnet.com.au)

Eric Brown - [eca133@optusnet.com.au](mailto:eca133@optusnet.com.au)

Debbie Austin - [debbie.austin@linkmarketservices.com.au](mailto:debbie.austin@linkmarketservices.com.au)

PS. No excuses—clubs, carts (and probably the Pro!) can be hired from the club—again a limited number available so get in quickly.

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Subject: **SILVER MEDALLION ADVANCED EMERGENCY CARE COURSE** - 31<sup>st</sup> July 2010.

The following SLS SNB Advanced Emergency Care Course is scheduled for Saturday 31<sup>st</sup> July 2010. Courses run by SLS SNB will be either Nationally Recognised Qualifications or a SLSA Award. This Advanced Emergency care course is a SLS Qualification.

<b>When:</b>	<b>Saturday 31<sup>st</sup> July 2010</b>
<b>Time:</b>	<b>9am</b>
<b>Where:</b>	<b>Branch Headquarters 9/1 Vuko place Warriewood</b>
<b>Registrations Close :</b>	<b>Thursday 26<sup>th</sup> July 2010</b>
<b>Facilitators:</b>	<b>Shannon Job</b>

### Course Purpose:

The aim of this course is to provide participants with the skills and knowledge to manage multifaceted emergency situations in an advanced manner.

### Prerequisites:

- Minimum of 17 years of age on the date of assessment
- Hold a current Senior First Aid Certificate (CPR component must have been updated in the past 12 months)
- Hold a current SLSA Advanced Resuscitation Certificate
- Hold a current Defibrillation Certificate

### Course Content:

- Priority Management (triage of patients)
- Identifying Strategies
- Prioritising, Identifying and Selecting Strategies
- Problem Solving, Planning, Choosing Strategies
- Scenarios (Casualty Simulation)

### Process:

Those Surf life Savers who are interested in attending the course need to advise their Club's Chief Training Officer or Club Administration. **Clubs should book candidates in for this course via email to [sandy@surflifesaving.net.au](mailto:sandy@surflifesaving.net.au) before the COB on 26<sup>th</sup> July 2010.** The course is limited to approx. 20 candidates.



# Calendar of Events

1st three months

## August

Sat 7 <sup>th</sup> Aug	Trainers Course (Session 1 @ Branch HQ – 9am)
Tue 10 <sup>th</sup> Aug	Trainers Course (Session 2 @ Branch HQ – 6.30pm)
<b>Sun 15<sup>th</sup> Aug</b>	<b>South Curl Curl SLSC AGM – Harbord Hilton</b>
Tue 17 <sup>th</sup> Aug	ARC Assessors Update (tbc)
Thurs 19 <sup>th</sup> Aug	BoEA meeting (Branch HQ – 7pm)
Thurs 19 <sup>th</sup> Aug	BoSS meeting (Branch HQ)
Sat 21 <sup>st</sup> Aug	Level 1 Officials Course (Branch HQ)
Sat 21 <sup>st</sup> Aug	Level 2 Officials Course (Warilla B Point)
Sun 22 <sup>nd</sup> Aug	Level 2 Officials Course (Warilla B Point)
Tue 24 <sup>th</sup> Aug	Assessors Update & re-endorsement
Thurs 26 <sup>th</sup> Aug	Sponsorship Meeting (Branch HQ)
Sat 28 <sup>th</sup> Aug	Combined Pool Championships (Woy Woy)
<b>Sun 29<sup>th</sup> Aug</b>	<b>Gear Inspection (from 9am)</b>

## September

Sat 4 <sup>th</sup> Sept	Silver Medallion Basic Beach Management (Branch HQ)
Sun 5 <sup>th</sup> Sept	Father's Day
Sat 11 <sup>th</sup> Sept	Spinal Management Certificate (Branch HQ - 9am)
Sat 11 <sup>th</sup> Sept	NSW Pool Championships (TBA)
Sun 12 <sup>th</sup> Sept	NSW Pool Championships (TBA)
Thurs 16 <sup>th</sup> Sept	BoSS Meeting (Branch HQ)
Thurs 16 <sup>th</sup> Sept	BoEA meeting (Branch HQ - 7pm)
Fri 17 <sup>th</sup> Sept	SNB Interbranch Team Golf Day (Bayview)
Sat 18 <sup>th</sup> Sept	NSW Endurance Championships (TBA)
Sat 18 <sup>th</sup> Sept	Level 1 Coaching Course (Branch HQ)
Sun 19 <sup>th</sup> Sept	IRB assessors update/Jet Ski proficiencies (Nth Palm Beach - 9am)
Sun 19 <sup>th</sup> Sept	Level 1 Coaching Course (Branch HQ)
<b>Fri 24<sup>th</sup> Sept</b>	<b>Sth Curly Golf Day (Long Reef 7am)</b>
Sat 25 <sup>th</sup> Sept	First Day of Patrols - Everywhere
Sat 25 <sup>th</sup> Sept	Oceanseries Rd 1 (Dee Why)
Tue 28 <sup>th</sup> Sept	ARTC Assessment (Nth Curl Curl SLSC - 6pm)
	Bookings through the Branch Office
Wed 29 <sup>th</sup> Sept	NSW Junior Talented Athlete Program (TBA)
Thu 30 <sup>th</sup> Sept	NSW Junior Talented Athlete Program (TBA)

## October

October Assessors Course 1 evening and 1 day (Branch HQ - 6.30pm Maz and Gaz)	
Fri 1 <sup>st</sup> Oct	NSW Junior Talented Athlete Program (TBA)
Sat 2 <sup>nd</sup> -Sun 17 <sup>th</sup> Oct	World SLS Titles Alexandria, Egypt
Sat 2 <sup>nd</sup> -Sun 3 <sup>rd</sup> Oct	Weekend of Surf (Forster)
Mon 4 <sup>th</sup> Oct	Labour Day Public Holiday
Thur 7 <sup>th</sup> Oct	Holiday Surf Camp (TBC)
Fri 8 <sup>th</sup> Oct	Holiday Surf Camp (TBC)
Sat 9 <sup>th</sup> Oct	Ocean series Rd 2 (Lion Island/ Avalon)
<b>Sun 10<sup>th</sup> Oct</b>	<b>First Day of Nippers</b>
Sat 16 <sup>th</sup> Oct	SNB Boat Premiership Rd 1 (Bilgola)
Sun 17 <sup>th</sup> Oct	R&R training session (Branch HQ)
Sun 17 <sup>th</sup> Oct	Interbranch Selection Carnival (TBA)
Thur 21 <sup>st</sup> Oct	BoSS Meeting (Branch HQ)
Thur 21 <sup>st</sup> Oct	BoEA meeting (Branch HQ - 7pm)
Sat 23 <sup>rd</sup> Oct	Ocean series Rd 3 (Bondi)
Sat 23 <sup>rd</sup> Oct	East Coast Surf Festival Rd 1 (TBC - Sydney Branch)
Tue 26 <sup>th</sup> Oct	ARTC Assessment (Nth Curl Curl SLSC - 6pm)
	Bookings through the Branch Office
Sat 30 <sup>th</sup> Oct	SNB Boat Premiership Rd 2 (Newport)
Sat 30 <sup>th</sup> Oct	NSW High Performance Camp (TBA)
Sun 31 <sup>st</sup> Oct	NSW High Performance Camp (TBA)
Sun 31 <sup>st</sup> Oct	Bennett Junior Board Classic (Dee Why)

All information accurate at time of going to print.

### Australian Officials Nominations

Nominations are now being called for officials for SURF LIFE SAVING AUSTRALIAN CHAMPIONSHIPS. The circular can be accessed through the below link: [http://www.slsa.com.au/site/\\_content/resource/00003357-docsource.pdf](http://www.slsa.com.au/site/_content/resource/00003357-docsource.pdf)

If you have any questions regarding this circular, please feel free to contact Denise Lees on 9984 7188 or Jessica Wethered on 9300 4000.

### Carnival Entries Officer x2 needed URGENTLY

These important roles are currently vacant for both the Junior and Senior club. The main responsibility of the role is to enter names into the SLS site for carnivals - yes, training will be provided. Please consider taking one of these roles, either individually or as part of a team. Without people to fill these roles, no-one within the club can compete. Please send any nominations/questions to [mail@southcurlcurlslsc.org](mailto:mail@southcurlcurlslsc.org) before the AGM

### Pool Closure

To complete repairs to the South Curly ocean pool, Warringah Council is intending to close the pool for a 3 month period from either August or September. We hope this will not impact the beginning of the season too much.

# Child Protection

Recent changes to the way SLS manages Prohibited Employment Declarations for Volunteers come into effect next season. This means if you have signed a PED during the 09/10 season, there is no need to sign another form unless it has been misplaced, your circumstances have changed, or you have had an absence from SLS for more than 12 months. The below excerpt from Circular 3170 outlines the new requirements, and how it can be accessed online.

## VOLUNTEER / STUDENT DECLARATION FORM

The Commission for Children and Young People Act 1998, require Surf Life Saving New South Wales (SLSNSW) to ask all new members and volunteers and members renewing their membership after a leave of absence of at least one season, to sign the Volunteer / Student Declaration. All new members, and volunteers, over the age of 18 and those members under the age of 18 who work with children (eg: 16yr olds who help train the U/8 Nippers, provide water safety for Nippers, etc) **MUST** sign the Volunteer / Student Declaration **ONCE**

**ONLY**. Members under 18 years can have a parent or guardian co-sign.

SLSNSW require clubs to keep the signed volunteer/student declaration form in a secure location for as long as that member is a part of the club. \*\* Please note that changes have been made to this process, and members need only sign the form once. This has been changed from previous years to reduce the burden on clubs. Clubs must ensure that every member has this box ticked on SurfGuard. It is an offence for prohibited persons to sign this declaration or to apply for or attempt to obtain, undertake or remain in child-related employment in any capacity, whether paid, volunteering or self-employed. The maximum penalty for falsely declaring that you are not a person prohibited from child related employment is 12 months imprisonment, 100 penalty units (\$11,000) or both.

## CHANGES TO THE FORM

- The form is now able to be completed online. The form must be fully completed, printed and signed and then

brought to the club to verify the new members' identity. Please go to <https://check.kids.nsw.gov.au/volunteer-declaration.php>

- Appropriate identifying documentation (Drivers License, Passport etc) will need to be supplied to, and sighted by a club official when a member initially completes the declaration  
- Club declaration forms can now be randomly audited by the Commission for Children and Young People, and members consent to this by ticking the box on page two of the declaration.

Recording Completion of Form on SurfGuard The completion of the Volunteer/Student Declaration must be recorded in SurfGuard. This involves ticking the Member Protection Form Completed Box and entering the date for the current year.

If applicants do not complete a Volunteer / Student Declaration their membership application/renewal cannot be accepted.

**Janice Russell**  
**Child Protection Officer**

**The social pages.....have you checked out the inaugural (sounds good, but we're not totally sure of the accuracy of that statement) South Curl Golf Day? - see the info earlier in this edition. And watch this space for some of the great social events planned for the next season—it's no good having a beautifully renovated club house if we don't give it a good work out.....**





# Nippers Updates

## **NIPPERS OFFICIALS**

### **- WE NEED MORE!**

It is a Surf Lifesaving Australia requirement that clubs provide officials at all carnivals. Without officials from our club, we are not allowed to compete at carnivals. For each 10 competitors entered we need to provide 1 official. We were getting 80-100 children participating in carnivals last season but we don't have anywhere near 10 officials to supply. We have been warned and will need to reduce our competitor numbers if we don't supply the

required number of "carnival officials". The course is one day (weekend), not onerous at all and no experience necessary!

Our hope is to be able to have each official only having to attend 2 of the 4 local carnivals to spread the load. At the carnivals, you can choose your preferred area to work in ie. beach or water and nominate your child's age group also so you don't miss their races at all.

Please consider doing the Carnival Officials course for the club, it

would be much appreciated. There are courses scheduled for next season so far:

Saturday 21st August, 2010, Surf LifeSaving Northern Beaches HQ, Warriewood

Sunday 1st November, 2010, Surf LifeSaving Northern Beaches HQ, Warriewood

Contact Lisa Settree  
(lisa.settree@bigpond.com | 0417 432 581) to register for one of the above courses

## **Cudgen Headland SLSC at Kingscliff will host the 2011 State Championships**

March 11th—13th  
2011

**Contact Lisa Settree or Kylie Skelton for more info**

## **NIPPERS COZZIES**

The upcoming season we will be trialling chlorine resistant fabric for our swimwear. This change will mean that a price increase will be necessary but this season (where possible) you will have a choice of fabric (and therefore cost) and we will see where our preferences lie. Please remember that club clothing is made and printed to meet our club colours and styles. This is an expensive process and we don't have the buying power of the major discount or department stores – we try our best to keep costs to our members to a reasonable level and we appreciate your support.

# South Curly Clothing

Club Clothing.....be proud and show your colours

During the 'off-season' the club will be putting orders in for a variety of Club gear. Anyone interested in purchasing any of the following will need to give us the size and colour they require (if necessary), and the number of each items to be ordered.

Club Towel - \$40

South Curly Polar Fleece – kids/adults - \$50 - sizes 8/10/12 and S/M/L/XL/XXL

Vest – Mens/Ladies - \$30 – sizes S/M/L/XL/XXL/3XL/5XL and S/M/L/XL/XXL (navy or black)

Kids Hoodies – unisex/girls - \$30 - sizes 6/8/10/12/14

Adult Hoodies – Mens/Ladies - \$35 - sizes XS/S/M/L/XL/XXL

Ladies Shirt-dresses - \$45 – various sizes

Caps - \$20 or Peak/Visor - \$18

T-Shirts – Mens/Ladies - \$35 – S/M/L/XL/XXL and S/M/L/XL/XXL – (M) pale blue, (L) pale yellow

T-Shirts – various styles - \$20 – subject to available size

You will be advised via email when your order has arrived, and payment can be made via the internet through the Payment Gateway link on the South Curly website, by cash or by cheque. As we have had some issues with internet payments for Club gear in the past, goods cannot be collected until payment is made in full. Orders will be placed by 28th July, so get your orders in asap.

If you would like to order something not on this list, please contact us at [lisa.settree@bigpond.com](mailto:lisa.settree@bigpond.com) .

## Thank You to all our Sponsors

